



**A.T. DISTANCES AND ELEVATIONS - FROM PAUL WOLF SHELTER to PRIEST SHELTER**

**Tom Reed  
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**DISTANCES**

	P a u l  W o l f  S h e l t e r	R e e d s  G a p	M e a d o w  M o u n t a i n	M a u p i n  F i e l d	B e e  M o u n t a i n	G i d  S p r i n g	H a n g i n g  R o c k  O v e r l o o k	P e a k  3  R i d g e s	C h i m n e y  R o c k	F l a t  R o c k  O v e r l o o k	H a r p e r s  C r e e k	M a u - H a r  T r a i l	T y e  R i v e r	P r i e s t  S h e l t e r
Paul Wolf Shelter	/	11.4	12.2	13.1	13.5	14.6	15.1	15.6	17.3	17.7	19.3	20.2	21.9	26.7
Reeds Gap	11.4	/	0.8	1.7	2.1	3.2	3.7	4.2	5.9	6.3	7.9	8.8	10.5	15.3
Meadow Mountain	12.2	0.8	/	0.9	1.3	2.4	2.9	3.4	5.1	5.5	7.1	8.0	9.7	14.5
Maupin Field Shelter	13.1	1.7	0.9	/	0.4	1.5	2.0	2.5	4.2	4.6	6.2	7.1	8.8	13.6
Bee Mountain	13.5	2.1	1.3	0.4	/	1.1	1.6	2.1	3.8	4.2	5.8	6.7	8.4	13.2
Gid Spring	14.6	3.2	2.4	1.5	1.1	/	0.5	1.0	2.7	3.1	4.7	5.6	7.3	12.1
Hanging Rock Overlook	15.1	3.7	2.9	2.0	1.6	0.5	/	0.5	2.2	2.6	4.2	5.1	6.8	11.6
Peak, Three Ridges	15.6	4.2	3.4	2.5	2.1	1.0	0.5	/	1.7	2.1	3.7	4.6	6.3	11.1
Chimney Rock	17.3	5.9	5.1	4.2	3.8	2.7	2.2	1.7	/	0.4	2.0	2.9	4.6	9.4
Flat Rock Overlook	17.7	6.3	5.5	4.6	4.2	3.1	2.6	2.1	0.4	/	1.6	2.5	4.2	9.0
Harpers Creek Shelter	19.3	7.9	7.1	6.2	5.8	4.7	4.2	3.7	2.0	1.6	/	0.9	2.6	7.4
Mar-Har Trail	20.2	8.8	8.0	7.1	6.7	5.6	5.1	4.6	2.9	2.5	0.9	/	1.7	6.5
Tye River	21.9	10.5	9.7	8.8	8.4	7.3	6.8	6.3	4.6	4.2	2.6	1.7	/	4.8
Priest Shelter	26.7	15.3	14.5	13.6	13.2	12.1	11.6	11.1	9.4	9.0	7.4	6.5	4.8	/

Distances shown are in miles and tenths of a mile.

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## ELEVATIONS

Location	Elevation
Love Gap	2,650 - ft
Reeds Gap	2,645 - ft
Meadow Mountain	3,144 - ft
Maupin Field Shelter	2,750 - ft
Bee Mountain	3,304 - ft

Location	Elevation
Peak Three Ridges	3,970 - ft
Chimney Rock	3,204 - ft
Harpers Creek Shelter	1,840 - ft
Tye River	997 - ft
Priest Shelter	4,063 - ft

## MISCELLANEOUS INFORMATION

- Gid Spring is very seasonal. When dry, which is most of the time; there is no reliable water on the Appalachian Trail between Maupin Field Shelter and the Harpers Creek Shelter.
- From Maupin Field west via the Fire Road (Forest Service Road 306) to Love Gap on the Blue Ridge Parkway at milepost 15.5 is 1.5-miles.

## THE MAU-HAR TRAIL

- From Maupin Field Shelter to Harpers Creek Shelter via the Mau-Har Trail is 3.9-miles.

From the Maupin Field Shelter via the Mau-Har Trail south to its intersection with the A.T. is 3.0-miles.

From the Mau-Har Trail-A.T. intersection, via the A.T., to Harpers Creek Shelter is 0.9-miles.

- The distance from Maupin Field Shelter to Harpers Creek Shelter via the A.T. is 6.2-miles.
- Although hiking from Maupin Field Shelter to Harpers Creek Shelter via the Mau-Har Trail is shorter (3.9-miles) than hiking the A.T. from Maupin Field Shelter to Harpers Creek Shelter via the A.T. (6.2-miles), the Mau-Har Trail is a narrow, rocky, rugged trail with many, many ups and downs. **The Mau-Har Trail requires the same, or more, energy and stamina than the longer A.T. route over Three Ridges.**
- **The Mau-Har Trail is NOT an easy shortcut !!!!!**
- The Mau-Har Trail gets its name from combining the first syllable of Maupin with the first syllable of Harpers.
- There is reliable water in Campbell Creek from the Waterfall to the last creek crossing northbound on the Mau-Har Trail.

**When in doubt:  
boil,  
filter,  
or  
chemically treat  
*all* water.**

**Always be in doubt.**