



GUIDELINES FOR ACTIVITY PARTICIPATION BY MINORS

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The TATC Board of Directors has established the guidelines herein contained.

Each minor participating in a Tidewater Appalachian Trail Club activity *must* be accompanied by a parent or adult sponsor during all facets of the activity, including transportation to and from the activity.

Note	An adult sponsor is a non-parent adult who brings a minor on a TATC activity.
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The parent or adult sponsor *must* ensure that the minor is physically and mentally capable of taking part in the desired activity. The minor should not pose an inconvenience to others in the group; par ex, being unable to keep up, or being ill equipped.

The parent or adult sponsor should carry appropriate medical and dental insurance identification in case treatment away from home is necessary.

The parent or adult guardian should be knowledgeable concerning any allergies to which the minor may be susceptible. This includes natural allergies (insect bites, poison ivy, and etc.) and medical allergies (penicillin, and etc.).

In case a youngster becomes lost, it would be wise for the parent or sponsor to carry a photograph of the minor to aid search and rescue workers.

The parent or adult sponsor should be knowledgeable concerning medications the minor requires during the period of the activity, and should ensure these medications are carried on the activity. Knowledge should include dosages, times, and reactions if medications are not taken correctly or on time.

The parent or adult sponsor *must* realize that some activities include being a considerable distance from the nearest medical facility and that reaching a medical facility may take significant effort. On some activities you may be a day or more from the nearest road, and then may be some distance from any medical facility.

As with any TATC activity, the Activity Leader is the final authority concerning whether or not any specific person (adult or minor) may participate.

The Activity Leader *must* judge the age, size, health, and capability of the minor against activity requirements.

The Activity Leader *must* provide a copy of these guidelines to any parent or adult sponsor bringing a minor on an activity.

The parent or adult sponsor must:

- Sign the Activity Sign Up Sheet; and
- Inform the Activity Leader that a minor is being brought along, and that you are the parent or adult sponsor for (name of minor); and
- Include the minor's name and age on the Activity Sign Up Sheet; and
- Ensure the minor is properly equipped for the activity, and is mentally and physically capable of participating, and
- Inform the Activity Leader of allergies or other facts of which the leader should be aware, and
- Provide a parental permission slip for trail maintenance trips on USFS and NPS land. This is *required* for Workman's Compensation coverage.