

Tidewater Appalachian Trail Club

Appalachian Hiker

www.tidewateratc.com



October 2009 - November 2009

Prez Sez

Fall is upon us with the promise of cooler temperatures, falling leaves and shorter days. Whatever happened to summer? One moment we're sweating on a Konnarock crew and the next we're dodging school buses on the way to work in the morning. But it's the same every year, isn't it? Though time proceeds at a constant rate, we seem to insist that it flies, especially if we're on vacation. Personally, I try to take a little time each week to slow down that feeling of "time getting away". Today, I spent a few hours bicycle riding with some friends. It was no big deal, just a bunch of us out to enjoy the day, riding through the country roads of Pungo. We passed open meadows, horse farms and had several lovely views of Back Bay. One fellow remarked at how great it was to be out on such a beautiful day, for free, no permits required and no mean kids to boss you around. I thought how appreciative he was of something as simple as a bike ride with friends. Really, very little is required to enjoy the outdoors in our beautiful state. We have the mountains, the ocean, numerous parks and trails to walk, bike and hike and a terrific group of folks to share it all with. Depending on your desires you may need nothing more than a pair of walking shoes! So, check out the TATC website or this newsletter for all of the fun events coming up in the next few months. Try to slow time down a little with a Local Trails or Cabin Maintenance trip. Don't forget the not-to-be-missed Fall Maintenance at Sherando the weekend of Oct. 17-18th. And of course, the TATC holiday party the first Saturday in December. Another event to consider is the upcoming TATC Election in January. Think you might like to serve on the TATC Board of Directors? Contact Rosanne Scott (counselor@tidewateratc.com), the head of the Nominating Committee, if you want more information. We are also currently looking for a new Programs Chairperson as Kevin DuBois is retiring from that position. Maybe that's something you might be interested in—setting up speakers (many of whom are willing volunteers from our own club) for our monthly meetings. And of course, the next AT Biennial will be in our own backyard come July 1-8, 2011. **Virginia Journeys** will celebrate the AT and the Blue Ridge Mountains from Emory and Henry College in Emory, VA. There'll be hikes, excursions, entertainment and informative workshops.

Do you have a workshop topic you might like to present? I am the Chair of the Workshops Committee and am looking for folks to present topics of interest. Contact me, president@tidewateratc.com, for more information about the workshops. And don't forget that our meeting dates have changed for the October and November meetings. We'll be meeting on Thursday Oct. 8th and Monday November 9th. (Location and time have not changed).

So, get out there and take advantage of the autumn weather and all that TATC has to offer. Find something to slow time down a bit for you. And don't let the mean kids boss you around!

Phyllis Neumann
TATC President
president@tidewateratc.com

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Visit our website at
www.tidewateratc.com

TATC Club Officers

President	Phyllis Neumann president@tidewateratc.com	566-4584
Vice Pres.	Mark Connolly vicepres@tidewateratc.com	623-0764
Secretary	Laura Bontems secretary@tidewateratc.com	425-1156
Treasurer	Jim Smith treasurer@tidewateratc.com	238-2334
Trail Supervisor	Scott Hilton trailsupervisor@tidewateratc.com	625-6052
Assistant T.S.	Bruce Julian assistantts@tidewateratc.com	484-0975

Counselors

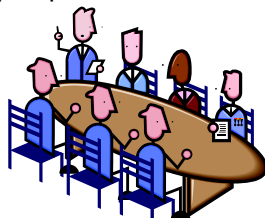
Rosanne Scott counselor@tidewateratc.com	583-5960
Jane Oakes counselor@tidewateratc.com	467-9633
Sandy Butler counselor@tidewateratc.com	872-9271

Committee Chair

Cabin	Steve Babor cabin@tidewateratc.com	588-7501
Cabin (Rentals)	Bob Adkisson cabin@tidewateratc.com	627-5514
Calendar	Jane Martin calendar@tidewateratc.com	363-8464
Education	Bill Rogers education@tidewateratc.com	484-6001
Hikemaster	Mark Connolly hikemaster@tidewateratc.com	623-0764
Historical	Bob Adkisson historical@tidewateratc.com	627-5514
Local Trails	Jim & Chris Sexton localtrails@tidewateratc.com	484-2827
Land Mgt.	Bob Giffin landmgt@tidewateratc.com	495-7002
Membership	Mary Hormell membership@tidewateratc.com	627-2392
Newsletter	Jim Sexton newsletter@tidewateratc.com	484-2827
Programs	Kevin DuBois programs@tidewateratc.com	621-2564
Outreach	Mark Wenger president@tidewateratc.com	253-0056
Social	Nancy Babor social@tidewateratc.com	588-7501
Timekeeper	<i>position open</i>	
Merchandise	Debby Hedley merchandise@tidewateratc.com	n/l
Web Master	Jim Sexton webmaster@tidewateratc.com	484-2827

ATC RPC

Ned Kuhns rprep@tidewateratc.com	552-0292
Mark Wenger rprep@tidewateratc.com	253-0056
Bob Giffin rprep@tidewateratc.com	495-7002



Membership

Welcome to the following new and renewing members:

Gene Woolard, Angela Woolard, Marsha Miller, K.A. O'Loughlin, Buddy & Cathy Lovich, Marcus Ryninger, Jerry Jorgensen & Chris Roman, Richard & JoAnn McGrew, Verena Wyvill, Nancy Hall, Kimberly Judson, Paul, Pam & Tracy Grochmal, Michael & Meghan Camp, Luis Seuc, and Mike Bates.

Mary Hormell
Membership Committee Chair
membership@tidewateratc.com

Minute for Maintenance

With fall approaching, and another great year for trail work ends, the last opportunity to get out to club's section of AT is fast approaching. October 16-18 will find @45 club members camped at Sherando Lake in the Williams Branch picnic area. Saturday night dinner will be provided by the club, please bring a dessert to share. Please remember that the gates close at 10pm on Friday night.

Tasks will include the usual cleaning of campsites and shelters. My main push this trip will be to reblaze the AT from Maupin field up and over 3 Ridges and down to the Harper's creek campsites. While the work itself is easy the climb to the summit will be the hardest part. I am planning on breaking it into 4 crews, so that each one will only have to do 1-1/2 miles or so. If you have a steady hand and would like to help paint blazes or lead one of the crews please contact me or see me at the next meeting. Will also have a crew doing a bit of cleanup work in the St Mary's area.

Hope to see you out there.

Scott Hilton
TATC Trails Supervisor
trailssupervisor@tidewateratc.com

Photographs

Our love of the outdoors was reflected in the beautiful photographs displayed at our September meeting. Many thanks to all those who brought in pictures for our annual photo contest and congratulations to the winners--- Kevin Du Bois, Greg Hodges and Bruce Julian---first, second and third place respectively.

People have asked whether it is too late to submit photographs for consideration for our 2010 TATC Calendar/Planner. It's Not Too Late! We will accept pictures until October 15th. At this time we especially welcome action shots of people working on trails, parks and the cabin as well as participating in various club related activities. Pictures should be photographic quality prints, such as you might get at Walgreens or Sam's or may be e-mailed to calendar@tidewateratc.com. Submissions will be acknowledged; if you do not hear from us, please call.

Jane Martin
calendar@tidewateratc.com

ATTENTION HIKE AND TRIP LEADERS:

Dates for 2010 activities should be submitted to Jane Martin by October 15th in order to be included in our TATC calendar/planner. Calendar will be available for purchase at our annual Holiday Party.

Jane Martin
calendar@tidewateratc.com

TIDEWATER APPALACHIAN TRAIL CLUB



ANNUAL HOLIDAY PARTY

Saturday, December 5, 2009
6-11 p.m.

WHRO Studios
5200 Hampton Blvd, Norfolk, VA

Dinner will be potluck, so please bring your favorite entrée, salad, appetizer, dessert or any combination of these. \$5.00 will be collected at the door to help cover expenses. Come dressed for holiday fun, games, door prizes, music and dancing.

Entertainment will be provided by the Jimmies!!

Questions? E-mail Nancy Babor at: social@tidewateratc.com
or call (757) 588-7501



Social Committee News

Coming up in December is our Annual Holiday Party. The Social Committee is always open to suggestions/ideas for games, door prizes or any other activity that you would like to see that evening. Donations of door prizes, gift cards, etc. are always welcome, also. Let me know if you can contribute something, and I'll be happy to pick it up, as I'll be wrapping everything before the party. We have been collecting corks from wine bottles—please continue to do so—and will be having a craft day to put together door prizes from these. I'll need a few people to help on Saturday, November 21st at 10 a.m. at my house. Please call or e-mail if you can make it.

Nick Werner's band, The Jimmies, will be playing for the party. If you haven't come to a holiday party in recent years, come and hear one of our own play!

Want to hear more about the Holiday Party! Come to the November TATC meeting on Monday, November 9th, at 7 p.m. for a little holiday fun and information.

Nancy Babor
TATC Social Committee



BLUE RIDGE

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Be kind, have fun & do the right thing.



Travel Like a Pro

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Preparation for a trip is essential, but time to prep can be hard to come by. Before you travel abroad or hike the trail for a couple of days, call your local Blue Ridge shop and schedule an appointment with one of our knowledgeable staff members.

- ★ Let us outfit you for your international trip
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- ★ Need to gear up for that thru-hike? Give us a call.

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Marketplace Shoppes, Williamsburg • 757-229-4584

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KEEN

38th ATC Biennial Conference – VIRGINIA JOURNEYS 2011

By Mark Wenger and Ned Kuhns

Every two years the Appalachian Trail Conservancy (ATC) holds a summer conference at which its biennial business meeting is conducted. The conference is a week-long affair with hikes, excursions, workshops, entertainment and the opportunity to interact with other members from the Appalachian Trail (A.T.) maintaining clubs. It is as fun as well as an informative event. To ensure attendees have the opportunity to hike different sections of the AT, the conference hosting responsibilities (and site) are rotated among the four ATC regions. Many TATC members have attended past conferences from Georgia to Maine.

The next conference to be held in 2011 from Friday, 1 July – Friday, 8 July has been named VIRGINIA JOURNEYS 2011 and will be held at Emory & Henry College in Emory, VA located just off Exit 26 on I-81 near Abingdon. The conference will be hosted by the Virginia Regional Partnership Committee (RPC) comprised of the seven A.T. maintaining clubs of central and southwest Virginia. These are the Old Dominion AT Club, our **Tidewater AT Club**, the Natural Bridge AT Club, the Roanoke AT Club, the Outdoor Club of Virginia Tech, the Piedmont Appalachian Trail Hikers, and the Mount Rogers AT Club.

Organizational efforts are well underway. A Steering Committee has been appointed and responsibilities have been assigned among the seven clubs and the ATC. Our club is responsible for programs, publicity, workshops, and signs. Mark Wenger, TATC's immediate past president is TATC's representative to the Steering Committee for VIRGINIA JOURNEYS 2011. Ned Kuhns will serve as the Chair of the Conference.

Participating in a Biennial Conference is a rewarding and satisfying experience. To ensure a successful event, we need the interest and involvement of our entire club. Phyllis Neumann, our president, has already volunteered to chair the Workshops sub-committee. Other leaders are needed to organize the programs, publicity and signs efforts. Additionally, volunteers will be needed to lead hikes and excursions, to conduct workshops, and to staff various registration, information and activity tables during the conference week.

Please put this event on your calendar for 2011. A number of TATC members have already indicated their willingness to help in the planning process. More are needed and an activity sign-up sheet will be available at club general meetings. Mark Wenger expects to call a meeting of those interested in the near future to begin discussing detailed plans. If you have questions or are willing to participate in this important event, please contact Mark at markwenger@cox.net or sign the activity sheet at the next meeting. Your assistance will be most appreciated and will be a good way to meet more TATC members.

SNAG a JOB with the Trail Club!

By Chris Sexton

You can be involved in some service to the club. The Local Trails Chairperson job can be yours. Jim and I have been doing Local Trails for the past 7 years, and we would like for someone else to take up the reins. If you have a long term commitment to TATC, can keep records, and have a few organizational skills, this can be the job for you. Coordinating yearly local trails trips and keeping track of local trails maintenance hours for awards are the primary duties. I can e-mail you the job description, or check the job description laying on the local trails table at the next couple of meetings. The local trails chairperson is an appointed position by the president. You will need to attend board meetings. Please let me or Phyllis Neumann know if you are interested. You can assume your new job duties in the spring. It's your turn now! Call me for questions....484-2827.

Do You Want to Volunteer to Work on the Appalachian Trail?

By Ned Kuhns

If your answer is “yes” to this question, your best opportunity will be to attend TATC’s Fall Maintenance Weekend at Sherando Lake Campground on 16 – 18 October 2009.

However, if you are already committed for that weekend or want to work on another section of the A.T. or to seek other volunteer ATC opportunities, you might want to try the Appalachian Trail Conservancy (ATC)’s new Volunteer Center Database inaugurated on National Trails Day, 6 June 2009. TATC has a club page and our volunteer opportunities are listed.

As an individual, you can also search for volunteer opportunities which may interest you. Here are the basic instructions for using the new Center:

1. Go to website “atc.civcore.com”. Save that as a “Favorite”. You can also enter the Volunteer Center database home page through: www.appalachiantrail.org/VolunteerNow .
2. You should see a home page with three choices: Search for Volunteer Opportunities; Learn more about AT Clubs; and Find out more about AT Volunteer Programs.
3. To look at our TATC club page, click on “Learn more about AT Clubs”, then click on “Virginia”, and then click on “Tidewater AT Club”. You might also want to check some other club pages, such as NBATC, PATH, and those in other states. Also on the club page, you will see our activities listed. Pull up several of them and check out the content.
4. At the top right hand corner of the club page, click on the wording “New Volunteer? Create a profile” to create your volunteer profile by completing the requested information.
5. Then return to the home page and click on the other two topics to “Search for Volunteer Opportunities” and “Find out more about AT volunteer programs”.
6. Register for those activities that interest you, which should generate an e-mail sign-up to the activity leader.

Jeanne Mahoney at ATC has created some excellent training modules on how to enter and use the data at www.appalachiantrail.org/database.training. If you have questions or encounter difficulties, contact Jeanne at “jmahoney@appalachiantrail.org” or 304-535-6331 ext. 107.

Wild River Outfitters 3rd Annual Gear Swap

Wild River Outfitters invites you to be a part of our 3rd Annual Gear Swap to be held at the store’s parking lot from 9 am to noon Saturday, October 6, 2007. Come share in the great bargains or have a booth* of your own! Clean out your closet, attic, and garage. Bring your used (or new) gear. Someone wants your stuff !

Enjoy great buys on new and used outdoor gear for camping, bicycling, hiking, skiing, backpacking, canoeing, kayaking and more offered by various local clubs and individuals.

*** All money for space rentals will be donated to a local non-profit organization.**

Visit the TATC Website or Call WRO for more information
Wild River Outfitters
3636 Virginia Beach Blvd #108
Virginia Beach, VA 23452
757-431-8566

Days of Wine and Apples

By Jim Sexton

If your planning on attending the Fall AT Maintenance & Family Campout trip at Sherando Lake from the 16th to the 18th of October, 2009, or plan on being in the Blue Ridge Mountain this fall, then you might want to consider stopping by a local Orchard to buy and/or pick your own **apples**. Or you might want to spend some time visiting one of the nine **Wineries** in Nelson County: <http://www.nelsoncounty.com/visit/wineriesbrewery>. You can also check out <http://www.nelsoncounty.com> for apple festivals, "Pick Your Own" Apples days, and wine festival dates.

You can visit the **Flippin-Seaman** packing shed which offers Empire, Gala, Jonathan, Red and Golden Delicious, York, Winesap, Red Rome, Stayman, Pippin, Jonagold and Pink Lady® apples. Also; apple butter, cider, baskets, honey, jellies, pumpkins and gifts. Open weekdays from apple harvest onset (in August - call if unsure) and weekends as of: September 12 - November 8, 2009, Monday - Saturday 10 a.m. - 4:30 p.m., Sunday 1 p.m. - 5 p.m. Flippin-Seaman also hosts the **Apple Butter Makin' Festival**, October 3rd & 17th, 2009, Saturday 10 a.m. - 4:30 p.m. For more information, see the Festival page; <http://www.flippin-seaman.com/ABFest.htm>

Address:

Flippin-Seaman, Inc.
5529 Crabtree Falls Hwy in Tyro
Alongside Route 56, Tyro
434-277-5824

Or you can visit **Dickie Brothers Orchard** and pick your own Fuji, Winesap and Rome apples and Pumpkins from the pumpkin patch at this "Century Farm" nestled at the edge of the Blue Ridge Mountains. Enjoy the beautiful fall view of the mountains. Apple Butter, Fresh Cider and 10 varieties of apples to choose from. Visit their website at <http://www.dickiebros.com/> Saturday, October 10, 2009 - Sunday, October 25, 2009 (8:00 AM-5:00 PM).

Address:

Dickie Brothers Orchard
2552 Dickie Road
Route 666, off 56 West, Massies Mill
Roseland, VA 22967
434-277-5516

I've never been there before, but there's also **Drumheller's Orchard** in Nelson County. Apple packing shed showcases Red and Golden Delicious, Stayman, Winesap, Rome, York and Granny Smith and Albermarle Pippin varieties. Find pumpkins, cider, apple butter and honey too. A family apple orchard. Many varieties of apples including red and golden delicious, festivals, wagon rides to the pumpkin patch and 5-acre Corn Maze on weekends. In the springtime, tour the orchard to see apple blossoms and in the fall, watch apple butter being made the old-fashioned way in kettles over an open fire. Open during fall apple season - Monday through Saturday 9 am - 5 pm; Sunday noon-5 pm.

Address:

Drumheller's Orchard
1130 Drumheller Orchard Lane, Route 741
(off Hwy. 29) south of Lovingston
434-263-5036 or (800) 282-8223

If you are passing by the Charlottesville area you can stop at the **Carter Mountain Orchard** located next to Monticello and Michie Tavern. Carter Mountain Orchard is family-owned and operated. Open June through November, they offer Pick-Your-Own and pre-picked Peaches and Nectarines (July-August) and Pick Your Own and pre-picked Apples (mid-August through November). Their bakery serves fresh-baked pies and cookies, hand-dipped ice cream, and Apple Cider Donuts! Fresh Apple Cider, Apple Butter, jams and jellies, local crafts, pumpkins, and gourmet food products available in the country store. Apple Harvest Festivals will be held Oct 3/4, and Oct 10/11, 2009. Family friendly. Website: www.CarterMountainOrchard.com. Telephone: Phone: (434) 977-1833, Fax: (434) 979-6277

Address:

Carter Mountain Orchard
1435 Carters Mountain Trail
Charlottesville, VA 22902

Or please stop by **Fitzgerald's Orchard** for Red and Golden Delicious, Gala, Rome, Stayman, Granny Smith, Fuji and Pink Lady's® apples. Open Monday - Saturday, September 15 - December 1; 8 a.m. - 4:30 p.m. This orchard is located just off of the Appalachian Trail and the Fitzgerald Family has always graciously helped out our trail maintainers and builders with access to the trail.

Address:

Fitzgerald's Orchard
728 Harper's Creek Lane, Tyro, VA
Route 682, off Route 56
434-277-5798

Activities Schedule

PLEASE NOTE: Most hikes are limited in the number of participants. The hike leader will take reservations on a first-come, first-served basis. You can include your name on the sign up sheets available at each meeting or call the hike leader. If you sign up for an activity and then decide not to participate, please contact the leader in advance.

<p>October 1-4, 2009 Thursday-Sunday</p>	<p>Rick Hancock 619-5522</p>	<p>Mtn Biking the Allegheny Passage/C&O Canal Towpath Approximately 140/150 miles of Rails-To-Trails and Towpath travel. We will begin our trek along the Passage Trail in PA. and bike eastward to the C&O Canal. First day will feature some uphill travel, but very mild/easy grade 1.5% for 16 miles. On Friday, we will bike approx 50 miles, mostly downhill. On Saturday 40 miles, and Sunday about 27 miles. We will camp out one night and stay at Hostels 2 nights. Costs include Shuttle Service, lodging, any meals, and gas. Cost for shuttle is based upon number of participants, but should be \$50/\$60 each. Bring normal overnight gear for bike travel, include a mix of clothing (last year we woke up Sat morning to 34 degree temps) If you need help with pannier/rack selection I can help. You and your bike should be in good working condition. There are a few repair shops along the route. This is a pretty easy route, but you should do some training to condition your legs and butt! Depart from the Burger King in Newport News at approx. 7AM on Thursday morning. Call Rick for more details.</p>
<p>October 2-4, 2009 Friday-Sunday</p>	<p>Mark Wenger 253-0056 (H) 220-7408 (W)</p>	<p>Gauley River (WV) Rafting Trip thru ACE Adventures We will be camping at ACE (www.aceraft.com 800-787-3892) in Oak Hill, WV, which has great car and tent camping at \$12 per night with hot showers and clean up areas. If you want a motel room, they are expensive and at a real premium. In regard to meals, Friday night and Sunday you are on your own and you can cook in camp. Saturday morning I recommend you provide yourself something light. A big lunch is provided by the outfitter at Sweet Falls. Dinner Saturday evening we will be going to Dirty Ernie's, which has great ribs, other food and adult beverages. Of course it is dutch treat. About the rafting: A number of us are going for the marathon which is all 23 miles and 110 rapids with 6 grade V+ including the 14' drop at Sweet Falls. Of course there is also the upper Gauley run or lower Gauley run depending on what you are interested in. Depending on the trip you select, it is \$230 for the marathon and \$165 for either the upper Gauley or the lower Gauley. Contact ACE and you can get full information over the phone or on the web site. Let me know you are going and how many in your party and which trip(s) you are doing. Make your reservations directly with ACE for the rafting trip and pay them. Make your camping reservations with me and pay me. Do not bring anything on the raft that you do not want to loose. They provide raft, paddle, pfd, and helmet. Water shoes are a must. You can rent a wet suit or a partial wet suit if you get cold easily. There is little room to carry stuff, but a water bottle and maybe a waterproof disposable camera is possible. I would also recommend from personal experience a swim suit that stays on. As for the car camping or tent camping, you all know what to bring. Of course we will have a fire, and bringing a chair is a must. Call or write me on this one if you have any questions. Guests are welcome but you must decide at least two weeks prior or they may be booked up.</p>
<p>October 6, 2009 Tuesday</p>	<p>Phyllis Neumann 566-4584</p>	<p>TATC Board of Directors Meeting 7:00PM at the Pretlow Library, 111 West Ocean View Ave., Norfolk. Open to all members.</p>
<p>October 8, 2009 Thursday</p>	<p>Phyllis Neumann 566-4584</p>	<p>*****NOTE THAT DATE AND NIGHT HAVE CHANGED***** TATC General Membership Meeting 7:00PM at the Pretlow Library, 111 West Ocean View Ave., Norfolk. Program: Kevin DuBois will present "Hiking Yellowstone." See photos and get an after-action report of his summer trip in one of our premier national parks.</p>

Activities Schedule

(Continued from Page 9)

<p>October 16-18, 2009 Friday-Sunday</p>	<p>Scott Hilton 625-6052</p>	<p>Fall AT Maintenance & Family Campout Come for a fun weekend based at Sherando Lake Campground, just off the Blue Ridge Pkwy, and provide some of the effort to maintain our section of the AT. Share some meals at Sherando. Come out for the MAJOR FALL EVENT.</p>
<p>October 24, 2009 Saturday</p>	<p>Vic and Margaret Pisone (H) 481-2426 (C) 348-6373</p>	<p>Between the Waters Bike Tour Meet at south parking lot for the Chesapeake Bay-Bridge tunnel at 8:00 AM. To explore the Eastern Shore of Virginia this fall, the ride (100, 60, 40 or 20 miles) begins in the quaint village of Nassawadox. This event is sponsored by Citizens for a Better Eastern Shore (CBES), and winds through interesting historic towns and communities and along back roads to scenic lunch and rest stops that overlook the Atlantic seaside and the Chesapeake Bay. Adults: \$40 per rider until October 1--\$50 after October 2, Children 7-12 yrs: \$15 per rider until October 1--\$20 after October 2. Helmets must be worn; T-shirts for all registered by Oct 1, after on a first come basis the day of the ride. Register by mail or on-line at www.cbcs.org.</p>
<p>October 24-25, 2009 Saturday-Sunday</p>	<p>Steve Babor 588-7501</p>	<p>Lake Drummond canoe overnighter Meet at the Chesapeake Dismal Swamp Public Boat Ramp at 9:00 Saturday morning. Bring overnite camping gear, canoe or kayak, PFD, etc. From U.S. Highway 17 in southern Chesapeake, exit at Ballahack Road. Continue west on Ballahack Road to reach the old George Washington Hwy. The boat ramp is just north of this intersection. We'll paddle to the dam and set up camp, then paddle out on the lake and have lunch, etc. I may have a community dutch oven meal for dinner that night. The moon will be in the first quarter so stars should be very visible, which usually invokes a night paddle too. Group size is limited to 10 participants. Call Steve at 588-7501 for more details or to sign up.</p>
<p>October 30-November 1, 2009 Friday-Sunday</p>	<p>Rick Hancock 619-5522</p>	<p>Saint Mary's Wilderness Overnight Backpacking Approximately 17 miles of backcountry travel along the Cellar Mt/Saint Mary's Trail. We will depart on Friday evening from the Burger King in Newport News at 7:30PM. Camping Friday night at Cellar Mt. Trailhead. On Saturday we will hike the Cellar Mt trail/Kennedy Ridge trail to Green Pond and on to our camping site. Sunday we will continue along Saint Mary's River Trail crossing the river several times on our way out.</p>
<p>November 1, 2009 Sunday</p>	<p>Rick Hancock 619-5522</p>	<p>***** TRIP IS ALREADY FILLED ***** Candle-lit Ghost Tour of Colonial Williamsburg Join Rick on a spooky tour of Colonial haunts! Limit 30. Call for details 619-5522.</p>
<p>November 3, 2009 Tuesday</p>	<p>Phyllis Neumann 566-4584</p>	<p>TATC Board of Directors Meeting 7:00PM at the Pretlow Library, 111 West Ocean View Ave., Norfolk. Open to all members.</p>
<p>November 6-8, 2009 Friday-Sunday</p>	<p>Steve Babor 588-7501</p>	<p>TATC Cabin Maintenance Weekend Qualify for rental of the cabin by attending for orientation, or just go to do some work to help maintain our valuable TATC asset. This weekend will feature an early Thanksgiving meal on site. Share in a festive event with TATC buddies. Call Steve for features and carpooling info.</p>

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Activities Schedule

(Continued from Page 10)

November 9, 2009 Monday	Phyllis Neumann 566-4584	*****NOTE THAT DATE AND NIGHT HAVE CHANGED***** TATC General Membership Meeting 7:00PM at the Pretlow Library, 111 West Ocean View Ave., Norfolk. Program: Presentation of Trail Awards for hours spent maintaining AT, local trails, etc.
November 14-15, 2009 Saturday-Sunday	Bill Lynn 867-6753	Merchants Millpond Paddle, Gates County, NC Explore by paddling the winding mirrored water courses of Merchants Millpond through cypress and tupelo trees after most of the insects have given up for the season. We may follow the trail of floats on the water or choose our own course. We'll paddle on Saturday to a campsite for overnight, so bring whatever your canoe can hold to soften your camping experience. For more info, call Bill.
November 21, 2009 Saturday	Chris Sexton 484-2327	First Landing State Park (FLSP) Maintenance Meet at 09:00AM at the Trail Center Parking Lot off Shore Drive for an opportunity to do some local trail maintenance without driving forever. A convenient chance to do one of the main things that we advertise as our reason for being. Take gloves, water, etc.
December 1, 2009 Tuesday	Phyllis Neumann 566-4584	TATC Board of Directors Meeting 7:00PM at the Pretlow Library, 111 West Ocean View Ave., Norfolk. Open to all members.
December 5, 2009 Saturday 6-11 p.m.	Nancy Babor 588-7501	Annual Holiday Party Being held at WHRO Studios, 5200 Hampton Blvd, Norfolk, VA. Dinner will be potluck, so please bring your favorite entrée, salad, appetizer, dessert or any combination of these. \$5.00 will be collected at the door to help cover expenses. Come dressed for holiday fun, games, door prizes, music and dancing. Entertainment will be provided by the Jimmies!! Questions? E-mail Nancy Babor at social@tidewateratc.com or call (757) 588-7501

Hikes and Activities. Please call Hikemaster Mark Connolly 623-0764 to leave a message or e-mail at Hikemaster@TidewaterATC.com with all hike and activities information to be included in this listing. If you e-mail them, be sure to identify yourself by full name and that this is a TATC event. Sign-up sheets must be returned to the Hikemaster after the event, and will be saved for a period of several years. You may bring sign-up sheets to the board or general meeting following the event, or mail them to the Hikemaster: Mark Connolly, 1721 LaSalle Avenue, Norfolk, VA 23509



ATTENTION HIKE AND TRIP LEADERS:

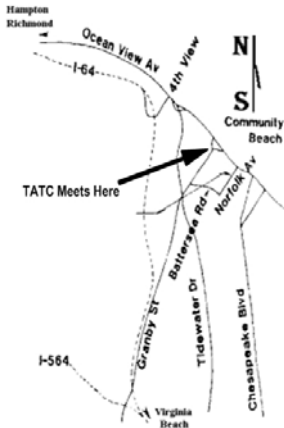
Dates for 2010 activities should be submitted to Jane Martin by October 15th in order to be included in our TATC calendar/planner. Calendar will be available for purchase at our annual Holiday Party being held on December 5th from 6-11 p.m. at the WHRO Studios.

Jane Martin
calendar@tidewateratc.com



Tidewater Appalachian
Trail Club
P. O. Box 8246
Norfolk, VA 23503

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TATC Meetings are held at the Pretlow Library, 111 West Ocean View Ave, Norfolk, VA

From Peninsula: Take 64 East to 4th View Exit 273. At bottom of ramp, turn left at stop sign, turn right onto Ocean View Ave and follow over Tidewater Drive to Granby St. Take right onto Granby St., take next right onto A View Ave, and then immediately turn right onto Portview Ave., bear right around the Library into the Library parking lot, meeting is held in Meeting Room #2

From Norfolk and Virginia Beach: Take 64 West toward Hampton/Richmond. Take the Chesapeake Blvd. exit. Go to end of Chesapeake Blvd., then turn left onto Ocean View Ave. and take left onto Granby St., take next right onto A View Ave, and then immediately turn right onto Portview Ave., bear right around the Library into the Library parking lot, meeting is held in Meeting Room # 2

CHANGE SERVICE REQUESTED

***** Notice of Date Changes *****
for the October and November General Membership Meetings

Mark your Calendars for the following changes:

General Membership Meeting for October will be held on October 8th, 2009, Thursday, at 7:00PM at the Pretlow Library, 111 West Ocean View Ave., Norfolk. Program: Kevin DuBois will present "Hiking Yellowstone." See photos and get an after-action report of his summer trip in one of our premier national parks.

General Membership Meeting for November will be held on November 9th, 2009, Monday, at 7:00PM at the Pretlow Library, 111 West Ocean View Ave., Norfolk. Program: Presentation of Trail Awards for hours spent maintaining AT, local trails, etc.