

Tidewater Appalachian Trail Club

Appalachian Hiker

www.tidewateratc.com

Banner Photo by Mark Ferguson

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49th Edition, 6th Issue

PREZ SEZ

The year of TATC's 50th anniversary is drawing to a close. It was quite a year. I'd like to take a bit of your time to recognize those people who worked so diligently to make it so successful.

Our 50th anniversary event was a wonderful opportunity to catch up with old friends and meet new members. Phyllis Newman and Rosanne Cary's walk down memory lane was a fun remembrance of days and activities past. Vic and Margaret's question session was a complete hoot. The food was good and plentiful. Michelle designed a wide range of commemoratives that exactly hit the themes of our anniversary. The TATC bandanas and logo patch program are real keepers.

The behind the scenes 50th anniversary team lead by Steve Clayton get credit for an event that ran flawlessly and was enjoyed by everyone present. Special kudos to John Barnes, who stepped into Steve's role as MC for the event at the last moment, and kept the program moving smoothly.

Besides the 50th event, the Board wanted our commemorative efforts to be significant, enduring, and clearly observable as TATC efforts--and they are.

The TATC history book is a remarkable work for a club of our size. Copies went to the Appalachian Trail Conservancy and multiple libraries which wanted copies for their local history collections. The Virginia Beach Central Library got two copies and then asked for two more for their regional branches. And, the Library of Congress agreed to accept a copy for their permanent collection.

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Visit our website at www.tidewateratc.com

Did you miss the first batch of TATC 50th T-Shirts?

In the spirit of 50 Years of Getting Stuff Done, the TATC t-shirt wranglers are at it again, cooking up another batch of 50th tees and possibly long sleeve hooded sweatshirts. But we need to hear from you, we have a meet a minimum order. Show your interest by letting us know! Simply say, "yes, I'll order a 50th shirt" and we'll take it from there and send more details by eblast.

Send your note today to: merchandise@tidewateratc.com



USA Adventure 2022

A link is provided below to a fairly long article covering the first half of the Plum's trip this summer. The next article will cover their visits to Glacier, Olympic, Crater Lake, the Grand Tetons and the Badlands.

<https://tidewateratc.com/resources/Documents/Airstream%20Cub%20Article%202022%20trip.pdf>

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Credit for the book's creation goes to the multiple contributors who supplied pictures and text to the editor, Jim Sexton, who worked hundreds of hours and (as he described it) sweated bullets to make all the deadlines.

As you know, TATC intends to plant 500 trees to commemorate our 50th anniversary. We already have more than 100 in the ground. Jim Newman and Dave Plum led planting projects in Norfolk, Chesapeake, and Virginia Beach. It will take several years for us to meet our goal of 500 trees, but when it's done, nothing we do this year will be more enduring or significant.

But, this year was not just notable for our 50th anniversary activities. We fully emerged from the COVID restrictions. Our A.T. maintenance is fully restored. Britt Collins and John Sima reinvigorated the effort. The fall maintenance event drew more than 40 trail maintainers. Dave Plum and his volunteers helped to dramatically expand our local maintenance activities. Ellis Malabad and Phyllis Newman kept the Tuesday Group going throughout the pandemic and then expanded participation. Hiking and paddling events are back and are well publicized due to Andy Grayson management of TATC's calendar.

Jim Sexton and Andy Grayson brought back our monthly TATC Pub Nights (AKA Happy Hiker Hour) and have staged them throughout Hampton Roads making them accessible to our widely dispersed membership.

Bruce Davidson and Andy Grayson managed a team to test and deploy our Mini InReach emergency communications network. No matter where you are while maintaining the trail, help is just a phone call away with these remarkable new devices. The acquisition of our new equipment reflects the Board's commitment to keeping volunteers safe wherever they are.

Bob Adkisson and Greg Hodges worked hard this year to make the cabin an attractive recreational destination for our members. The recent member survey provides information that will help as they consider new options.

COVID precluded TATC's indoor holiday party so Sharon Salyer and a team of volunteers started the Day-in-the-Park event a year ago. Participants were so enthusiastic that the team put on another one in the Spring. Again, well received. So, on December 3rd, the team will put on our next Day-in-the-Park with even more events to participate in.

John Barnes has revived TATC's outreach. Due to his efforts, we've had a presence at events at First Landing State Park, REI, Great Outdoor Provision Company, and many others. The Virginian-Pilot article on TATC's recent tree planting in Chesapeake was managed by John and will bring the club recognition throughout the region.

Bill Bunch, working with Juliette Stephenson, have transformed TATC's Facebook page focusing it more on outdoor focused posts. If you haven't looked at our Facebook page recently, please take a look.

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Bruce and Margaret Julian deserve great credit for their years of support to the False Cape State Park. By pulling in TATC members, they have built teams to support the continuous maintenance that keeps the park in shape.

I'd like to draw your attention to the Board of Directors who operate behind the scenes. Without them, well, TATC wouldn't exist. Cecil Salyer, our Treasurer, keeps our finances in line ensuring that all the other activities are properly funded. Steve Clayton, in his other role, keeps Board records that are critical to consistent application of policies and procedures. Our Counselors, Keri Pincus, Bill Bunch, and Bruce Davidson, reach out to potential members and help new members adapt to a club that now can boast 500 members. Sharon Salyer and Kara Mitchell run the committee that accounts for and processes those 500 memberships. The member who is a Board of Directors by himself is Jim Sexton. Jim is simultaneously our webmaster, assuring that e-blasts reach you and that our webpage contains up to date information, our IT specialist, our Newsletter editor, the club's historian, and an A.T. section leader. Jim put in thousands of hours this year to support the club. For many of those hours, Chris Sexton was the second part of this two-person team so kudos to you both. Mal Higgins, though not an official member of the Board, provides invaluable legal counsel. He guides us through the labyrinth of regulations and laws that impact TATC's operations.

Finally, I'd like to thank all the members, such as Pete Burch and Michelle Cobb, who supported ad hoc events throughout the year. Their episodic assistance is critical to accomplishing functions for which there is no dedicated leadership.

TATC has had an active and productive year. Member activities are up. General Membership Meetings are well attended, the programs have expanded, we're accomplishing our 50th anniversary goals, and we're just fine financially. We're doing well. 2022 goodbye. You treated us well.

I hope you all have Happy Holidays and a safe New Year.

Happy Trails.

Lee

TATC Elections January 11, 2023 - Slate of Officers Announcement

The Nominating Committee submits the following slate of Officers for the TATC Board for fiscal year 2022-2023. Please plan to attend the January 11th membership meeting and vote in your next Board:

- ♦ President- Lee Lohman
- ♦ Vice President- Andy Grayson
- ♦ Treasurer- Cecil Salyer
- ♦ Secretary- Lelia Vann
- ♦ Trail Supervisor- Brittany Gonzales
- ♦ Assistant Trail Supervisor- John Sima
- ♦ Counselor- Sandra Canepa

Any club member is eligible to run for any one of these positions. Additional nominations can be made at the January 11th membership meeting or by contacting the Nominating Committee at nominations@tidewateratc.com.

Submitted by Michelle Cobb, TATC nominations chair. Sincere thanks go out to each candidate!



50th TATC Anniversary Landmark Celebration—October 2, 2022

By Mal Higgins

For the nearly 200 current and past members of TATC who enjoyed the celebration of TATC's 50th anniversary (1972-2022) as a club, the Harbor Club in Norfolk in the Waterside District was an inspired choice. The evening from 4:30 to 8:30 p.m. was a huge success with good food, music, and celebration of TATC's 50 years of "Getting Stuff Done." Behind the scenes was a small army of TATC members who planned, prepared, and performed. This is their story.

The 50th Anniversary Celebration Committee was chaired by Steve Clayton (and later co-chaired by TATC President Lee Lohman, when Steve became ill) and included Bob Adkisson, Evelyn Adkisson, John Barnes, Sandra Canepa, Michelle Cobb, Reese Lukei, Sharon Salyer, Randy Smith, and Stephanie Stringer. The idea of a celebration extended back to then TATC President Juliet Stephenson, years earlier. The actual committee formed in May 2021, chaired by Steve, some 17 months in advance of the event, during year two of the COVID pandemic, raging across the country.

A hardbound book of 396 pages of articles from past newsletters of TATC and contemporary reflections by current members on historical events, favorite hiking experiences, and memories of members who have died was painstakingly assembled, organized, indexed, and published by Jim Sexton. The book "Tidewater Appalachian Trail Club, 1972-2022, 50 Years of Getting Stuff Done" is a masterpiece of production and only Jim could have made it happen. "The Book" was initially sold for \$20 per copy. The Book is also preserved in electronic form and is currently accessible for free on the TATC website. Jim had a "50th Anniversary Historical Committee", which he gently prodded, pleaded with, and cajoled into completing various writing assignments, photo selection from 50 years of activities, labeling, and proof reading. Those committee members were Bob Adkisson, Susan Gail Arey, Rosanne Cary, Malcolm Higgins, Reese Lukei, and Phyllis Neumann.

So many individuals did specific tasks that it is difficult to single out so many. But several need special mention. Michelle Cobb was the creative director and master designer of the program publication, the anniversary 50th bandanas, the various T-shirts featuring the "50 Years of Getting Stuff Done" logo, and so many details of the planning and execution of the evening's decorations. Bob Adkisson was a serious proof reader and photo caption labeler and did much to make "The Book" as nearly accurate as possible. He oversaw the selection of articles and photos for the major chapter of "The Book" about the Douglas Lee Putman Memorial Cabin. Bob, a long time member also reached out by phone, email and in person contact to some three dozen former TATC members/families to invite them to attend the celebration. Sharon Salyer did heavy work in promoting the event with timely advertising and email "blasts", ticket sales, and venue selection.

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The evening included a social time, cash bar, a substantial buffet of ham, beef, and numerous sides, served by the Harbor Club staff, and then a program that was designed for fun and memories. A beautiful chocolate cake with TATC's 11 miles of trail mapped in frosting from Tye River to Reid's Gap was dessert. Sandra Canepa and Michelle and others were the "cake committee".

John Barnes acted as the master of ceremonies and gave the program a polished feel, as well as running the raffles for prizes. Phyllis Neumann and Rosanne Cary presented a slide show of memories of people and events for the past 50 years with photos of some very young looking TATC members, now older and wiser(!) in the audience. Special raffle drawings were interspersed in the program for merchandise and gift cards donated by friends of the club, both individuals, and corporate sponsors, REI and Great Outdoor Provision Company. Margaret and Vic Pisone led an audience game to raise your hand or stand up "If you ever did. . . ." a collection of various known TATC activities or mishaps.

Video presentations were shown of Tim Kaine, U. S. Senator from Virginia (who delighted us when he mentioned hiking our section of the A.T. maintained by TATC and the Mau-Har Trail); and by Sandra Marra, President and CEO of the Appalachian Trail Conservancy. Cameron Swain, long time park manager of False Cape State Park was an in-person guest and addressed us live. TATC President Lee Lohman concluded the program with his reflections on the future and the challenges facing society and TATC for the next 50 years.

The fellowship of everyone in seeing friends from the past who came back for the event or in just seeing someone who shared a local hike or a maintenance hike on the Appalachian Trail in the past month generated smiles and laughter all evening. It was a night to remember and one that will be hard to top.

The TATC 1982 Time Capsule

By Mal Higgins

As part of the general planning and events of 2022 related to TATC's 50th anniversary as a club, several members of TATC began to consider the removal of a time capsule known to have been placed in 1982 in the club's Douglas Lee Putman Memorial Cabin. Talk turned to action, after approval by the TATC's board at its October meeting. The key to making the project work was Steve Crate, club member, and skilled workman with tools, knowledge, and a willingness to assist. Steve's Mom and Dad, Margaret and Harold Crate, were the inspiration behind the creation of the 1982 time capsule and its contents, and a big part of the 1982 dedication of the cabin as complete (though many refinements of the cabin were accomplished in the following year(s)).

I talked Jim Newman in to join me, Steve, and Bob Adkisson, who was overnighing at the cabin, on the morning of November 7, 2022. Jim brought a special, battery operated portable saw and a post hole digger. Steve brought a tool kit of every imaginable tool. We also brought in 25 pounds of mortar mix and hiked in from White Rock Gap parking lot.

After we moved the wooden sleeping rack to the left of the fireplace out of the way, Steve and Jim immediately set to work. This whole project would not have been possible without their able technical skills. Bob and I were "helpers" as in "tell me what to do". Jim's new battery powered saw got a good inaugural workout on the floor inside.

Over the next three hours or so, Steve and Jim carefully sawed a section of the $\frac{3}{4}$ inch floorboards and plywood underlayment between the joists to reach the vapor barrier covering the bare earth. [The floor had been accurately described to us by Steve Babor, who helped install it decades ago]. We then took turns on the post hole digger, removing enough earth to create a hole about 8 inches in diameter and 28 inches deep. We encountered many small rocks, but luckily no boulders! This dimension will accommodate the new stainless steel cylindrical time capsule under preparation for future installation, hopefully by December 31, 2022. The floor boards were replaced and secured.

After lunch, we tackled removing the 1982 time capsule behind the 1980 granite block cornerstone. That cornerstone was thoroughly embedded in mortar and took more than 45 minutes to chip the mortar away, one hammer stroke at a time. Then a bit of persuasion from a crow bar and Steve and Jim dislodged the small brass box that was the time capsule. Steve recognized the box as the skillful handiwork of his Dad, Harold.

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We pried the lid off the box, eagerly anticipating what might be inside, but fearing it might be badly decomposed by 40 years inside the cabin stone wall. Not at all. The contents were dry, intact, and in pristine condition inside a simple plastic “Ziploc” style baggie. Scrolled up on high quality paper were three articles:

1. Essay by Phyllis Putman about Douglas Putman, with poem by Susan Putman appended.
2. “History of Entry Mountain” by Mal Higgins—the results of the Nelson County title search of the land before TATC bought it
3. List of 1980 TATC members, annotated with a “C” if the member worked on the cabin

Three photos:

1. Douglas Putman (portrait style);
2. Douglas on a rock in the winter with friends (both photos in color);
3. Large family gathering of Fitzgeralds, the last family to live on the 15 acres of the cabin land, black and white, circa 1930s,

I am told by Bob that Reese Lukei obtained the Fitzgerald family photo from someone at a now defunct grocery store on Route 56 near intersection of Route 814. It looks like a photo of a photo. Reese confirmed this.

We carefully put the 1980 cornerstone, a granite block about two inches thick, back into the left corner exterior wall of the cabin. Steve carefully mixed mortar and applied it to the gaps around the cornerstone to once again create a watertight seal.

After bringing the time capsule and its contents to the November TATC general meeting for display, I packaged the capsule up and mailed it to Steve Crate. We were happy that we could return such a piece of history to him. Family members of the Putman family were consulted to determine if they had any wishes regarding the 1982 contents, and they advised that they would be happy if those contents were placed in the 2022 time capsule.

A (Novice?) Backpacker Hikes the Whites, or

“The Good, the Bad, and the Ugly”

By Carl Albuquerque



What is your definition of “Novice”? The other day, I found myself thinking of my backpacking skills as “Novice”, without really knowing or understanding the meaning of the word. What I really want to do is to describe myself as “better than a beginner”, which seemed more appropriate. I don’t have a very large hiking resume, but I have some miles under my feet. Then I met the White Mountains of New Hampshire, and a lot of things changed.

Flashback to August 2021: my wife, Barbara, and I day-hiked the AT on Franconia Ridge. Barbara had backpacked in the Whites before, but this was my introduction to NH trail. I remarked on just how difficult the terrain is in NH vs. Virginia, which is where most of my miles are. I left that day hike with a good appreciation of the Whites.

Back to 2022, Barbara and I were again headed to an extended family vacation in NH. This year, I vowed to backpack in the Whites. I’m a big fan of Podcasts and YouTube videos of hikes and the associated social media personalities: Taylor (Nahamasha), Dixie, Darwin, Badger and Chaunce to name a few. From them, I’ve learned a ton of good knowledge and perspective. Some of the perspectives I learned along the way, and I nod when I hear them. Some of it is all brand new. I’ve invested in decent gear, not quite ultralight, but not as heavy as I carried way back when.

Here was my plan:

1. No more than 8-10 miles a day. This is my standard “start from cold” hiking mileage, which can be pushed to 11-13 miles/day, but not when I don’t have to. Someday, I’ll be crushing miles, but not on day 1.
2. Minimal day 1, as we will be driving to NH from Virginia. Just get started and get to a shelter.
3. Plan the trip around shelters whenever possible.
4. Cut my “normal” hiking speed of 2-2.5 mph down to 1 mph. I’m not sure where I picked this nugget up, but I heard that your “expected” speed in the Whites is half of your “normal” speed, so I planned for 1 mph.

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5. End up at a White Mountain Hut where I can meet Barbara and maybe some of her family. Barbara has experienced the huts previously and they sounded great. I had stopped in at Greenleaf in 2021 and it looked awesome. We picked Lonesome Lake hut as a great ending point, and I picked Glencliff as my starting point (Rt. 25a). Three nights on the trail and one night in the hut.

To get to Lonesome Lake Hut, I would be hiking 22 ish miles on the AT, and Barbara and some friends would be hiking the 2 ish miles from Franconia Notch parking lot on the Lonesome Lake trail. My friend was to accompany me on the long hike, but due to a medical issue, he ended up taking the short hike to Lonesome Lake Hut.

All was settled. We would be driving up to NH the first week of August. Barbara would drop me off at the trailhead by Glencliff and meet me 4 days later at Lonesome Lake Hut. My internet research told me that I had some big climbs and some perilous descents ahead of me. My consultation with a friend (Pyro) who was NOBO on the AT reminded me to take it slow and keep walking, which is great advice for anyone.

The Good:

The Appalachian Trail in the Whites is difficult but magical at the same time. Mt. Mousilauke was stunning. I arrived in a cloud and left with clear views for miles. Hiking through forests of spruce trees is amazing to the senses. The views are gorgeous. My pacing idea of 1 mph and my daily mileage goals worked out to be a great plan.

This was my first trip with a bear can. I'm putting this in the "Good" category (although some might think it belongs in the "ugly" category) because I enjoyed having the simplicity of keeping my food easily safe and my hike more bear conscious. I've been very slack in the past, often just hanging my food in the shelter opening to keep the mice from it. Never, ever have I completed a good bear hang, so my bear can was a great solution for me. It's here to stay.

I met all kinds of hikers, NOBO and SOBO thru hikers (the NOBOs were ahead of the bubble, I was told), and several section hikers. Sir Elton showed me how to set up a hiking pole tent (I now own a Duplex). D.R. and Baby Blue hiked pizza, beer and sodas into the Jeffers Brook shelter for us. Stitches set up some amazing trail magic for us at Kinsman Notch. For those of you who have seen the YouTube hiking movie "Walking Home", I camped with Black Bear's two sons, both of whom look just like her.

A special shout out to the folks who run Lonesome Lake Hut: the experience is amazing, to say the least. The food, accommodations and company were top notch and palatial for the trail.

Being an extrovert, I really enjoy meeting up with people on the trail. Besides learning so much from the other hikers about backpacking, I just get energized from hearing all of the stories. To me, this is a big part of the experience, which is why I try to stay at the shelters and campsites whenever possible.

The Bad:

I carried too much stuff. Advice I had gotten was that the weather in the Whites can change at any time. D.R. said that he's experienced snow in the Whites during every single month of the year. Accordingly, I took a lot of clothing with me, which made sense and kept me prepared. I also brought a bunch of creature comfort things that I didn't need. Items like a solar-powered lamp, a deck of UNO cards and an extra phone battery that had more charges than I needed for a 5-day trip. I didn't have the most comfortable base weight that trip. I think I had the heaviest pack in the Whites last summer. Stitches looked at my setup and politely said (as best she could) "If you find that you like backpacking, you should look into getting lighter gear".

My hiking shoes were no match for the Whites. I switched hiking shoes a year or so ago, but I had evidently never put my feet through anything like the Whites, so at the end of day 3, my feet were shot. I soaked my feet in Eliza Brook, which helped immensely, but they were back to crazy during my ascent and descent of the Kinsmans the next day. I'm now wearing trail runners. I've yet to see how they fully shake out, but I'm hopeful that I've found a good solution.

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The Ugly:

I bonked. I'm that guy that doesn't get the hiker hunger, or at least on short trips. Because of this, I neglect my caloric intake and I'm always in a deficit. This was a bad idea for my trip in the Whites. Adding to the bonk, I was also drenched in sweat. I've been cavalier in my (lack of) respect for electrolytes and it came back to haunt me with a vengeance in the Whites. I was so depleted that I could feel myself speeding up whenever I ate just a small piece of a Clif bar. Hiking in Virginia, even during the heat of summer, never affected me like the heat did last August in NH. I recognized this the night before the Kinsmans, while at Eliza Brook Shelter, and I forced myself to eat all of my dinner. By then, though, it was too late.

The Kinsmans sucked. There, I said it. Coming down Beaver Brook trail after Mousilauke was absolutely crazy, but I had steeled myself for that after reading about that particular trail on the internet. I wasn't prepared for the Kinsman ascent, which proved to be the culmination of all that was bad and ugly. I was hiking alone (the extrovert, alone); I was short of electrolytes and calories; I was carrying too much stuff, and my feet were destroyed. Nevertheless, there I went. There were bouts of maniacal laughter at times when I encountered yet another large rock fall. I said "This has to be the last one", only to be met with another 2 or 3 or 4 to go. Even with FarOut, I couldn't make sense of where the top was. To add to my struggle, there's no sign on top of either of the Kinsmans, so I never got the big payoff like Mousilauke.

Then there was the fall. Coming off of North Kinsman, I fell. That was my first time really bloodied on a backpacking trip. I slipped and fell down what seems to be a sheer granite face and tore my hands and my legs up. Right after my fall, while I was in a crumpled heap, two SOBOs came by (literally persons 2 and 3 that I met so far that day) and said "Did you just fall? Are you okay?". I didn't have an answer right away, as I hadn't gotten up yet, but thankfully the answers were Yes and No. I was bloodied, but nothing that required stitches, and had no broken bones. There was just a lot of rock rash and a depleted hiker, both mentally and physically. Also, the "Big" descent was still ahead of me, as my fall was quite near the top of North Kinsman. What I remember from the rest of that terrifying descent was a smiling, slack-packing NOBO who went past me like I was standing still.

When I finally made it to Lonesome Lake, I was mentally in the cellar. Barbara and our friends commented that I wasn't my usual buoyant self after a hike. It took me a while to actually understand what had just happened to me, as this was my first hike with a really bad day or two in it. I've had what I thought were bad days in Virginia, but not like what I had just experienced.

What I learned:

Dixie (Homemade Wanderlust) and others taught me that backpacking the AT, or backpacking in general isn't all beautiful scenes and vistas. In fact, it's really difficult at times. This was my first real intro to being both mentally and physically fatigued at the same time. I've dabbled with both, but either I purposely forgot those days, or they just weren't that bad. Regardless, I feel like I got insight into a place that lots of folks know about. Now I know, too.

Don't ignore nutrition! I no longer ignore Badger's insistence on electrolytes and proper nutrition on the trail. You and Chaunce told me (Backpacker Radio Podcast); I'm the one that didn't listen.

Carry less stuff! I'm not going to go too far into this, but I carry less stuff. I still carry my bear can, but most of the rest will stay home or be replaced with something lighter.

Would I do it again? Will you ever find me climbing the Kinsmans or descending Beaver Brook? Probably. At one point, I said that I never needed to do the Roller Coaster again, but I've been back there too. Will it be difficult? Yes. Will I carry too much stuff and bonk? I hope not.

So, am I a Novice at backpacking? I've read that there are 5 stages of improvement: Novice, Advanced Beginner, Competent, Proficient, and Expert. Each phase considers how you learn from your mistakes and how intuitive each task is for you. Am I Novice? I don't think so. Hey, I backpacked in the Whites.

(if you go to "Taylor the Nahamsha Hiker" <http://www.youtube.com/c/TaylortheNahamshaHiker>

on YouTube and find her videos about section hiking NH days 3 and 4, you will see my whole hike 1 month after I did it. I took a picture of that same moose poop on Mt. Wolf)

TATC Tree Planting Project

By Dave Plum

On Friday and Saturday November 18th and 19th, eleven TATC members showed up to participate in the tree planting project in The Green Run Subdivision of Virginia Beach with our partner, Lynnhaven River Now (LR Now). This was a great turnout for TATC members with only half a day's notice! I received notification at approximately 3:00 PM on Thursday for a planting beginning at 8:30 Friday morning. I quickly drafted a notice of the request for volunteers and sent it to Jim Sexton, who did an amazing job in getting it sent out as an urgent email blast within an hour or so. Friday's participating members included Dave Plum, Margaret Julian, Bruce Julian, Bill Bunch while Saturday's volunteers included Lee Lohman, Michael Horrell, Jodi Cooper, Allen Crute, Paul Heymann, Sharon Reid, Dave Plum and Lance Deaver.

The planting locations were pre-selected by LR Now and the Green Run Community Association. As on previous plantings, the holes were pre-augured for the plantings on Friday and some of the holes on Saturday by the Green Run Maintenance staff. On Saturday, our team also had to dig approximately 35 holes prior to placing the trees. The total number of trees the TATC/LR Now volunteers planted totaled 180. This brings our total trees in the ground to 311!

LR Now has promised more advance notice for the Phase 2 planting later this year or early next year. They also offered to help us plant our trees at Pleasure House Point in January, 2023.

Link to Virginian Pilot article on TATC's 50th Anniversary and Planting Trees:

<https://www.pilotonline.com/news/vp-nw-fz22-500-trees-trail-club-20221127-xc4xqfmjkkfbndgefzvzdepgqa-story.html>



News from Local Trails

By Dave Plum

Kudos to Ellis Malabad for keeping the Local Trails work continuing while Rosemary and I were traveling out west. In November we had two workdays. The first one was at First Landing State Park when we did our Live Oak and Cypress Trails walk through and trash pick-up. After walking the trails, the crew walked around the picnic area and picked up litter. Five volunteers showed up on November 3 to check things out. The crew consisted of Dave Plum, Kama Mitchell, Bill Bunch, Jim Dunham and David Goodman.

On November 13, Phyllis Neumann led a work crew of 11 around the 9 loops of trails a New Quarter Park in Williamsburg. The weather was cool, but it was a great day for the 4-mile hike and light maintenance. One relatively large tree was thinned out and many branches removed to eliminate encroachment along one section of the trail. The crew also came across one major blowdown that has caused the trail to be temporarily rerouted. Phyllis will be in touch with the park manager to see if they need assistance in clearing this blow-down. It would involve some assistance from several experienced TATC sawyers to clear this large blow-down.

The work crew, pictured included, Steve Babor, Laura Bontems, Sandy Canepa, Jody Cooper, Ed Freyfogle, George Huebschman, Ron Leta, Sue Leta, Bruce Mayer, Emma Mayer, Glen Mitchell, Phyllis Neumann and Dave Plum.

Our next identified workday will be back out at First Landing State Park on December 8 where we will be doing light maintenance and trimming on the White Hill Lake Trail. Contact Bob Mooney at mbm9@cox.net to sign up.

We will also be getting back in contact with the Elizabeth River Project to see if they are still in need of assistance in clearing invasive species of trees along a berm to open several viewsheds.



New Quarter Park Work crew

Membership Catch Ups

By Sharon Salyer

When I receive an email notification of a new member, besides shooting off a welcome letter and passing their name on to a TATC counselor, I ask for a short introduction to post in the newsletter. As you can see by the dates, I've fallen a bit behind. I enjoy reading these bios and passing them on to you. As you will read, we are a diverse community alive with curiosity, varied talents and skills, and a love of the outdoors. If you haven't met these folks yet, search them out at the monthly meeting or one of the many upcoming activities.

Ethan has been a member since May 20, 2022.

Hi, my name is Ethan Bell. I grew up in New Jersey and I moved to the area at the beginning of this year. My family is involved with the NYNJTC, and we have maintained a section of the Appalachian Trail in New Jersey for a majority of my life. Much of my youth was spent outdoors with Boy Scouts, where I earned the rank of Eagle Scout in 2015. With Scouts, I had the opportunity to go to Philmont Scout Ranch in New Mexico as both a participant and as a staff member. I thru-hiked the Appalachian Trail in 2019, and I continue to have the itch to go out west and complete the PCT and the CDT. Much of my personal growth has happened outdoors, and I cherish every chance to enjoy as well as maintain and protect the spaces that I love. I am excited to meet people who share the same love of the outdoors that I have, and to be a part of a group that encourages responsible outdoor recreation for everyone.

Kathy has been a member since May 31, 2022.

My name is Kathy O'Hara. I live in Norfolk in the River Forest Shores community, which is about as far east in the city as you can get. We neighbors jokingly call ourselves the "Virginia Beach wannabes." I retired as the chief media and communications officer for Virginia Beach City Public Schools in 2016 after 20 years on the job. I still do a little consulting work here and there just to keep my "little gray cells" active. I have a dog named Boston whom I rescued four-plus years ago. I think it was kismet that brought us together because I was born in Boston and am a dyed in the wool Red Sox fan. Okay, it wasn't kismet, it was Facebook that connected us, but his name did seal the deal. Probably the most important thing I want to share about me is this: I will become a first-time grandmother in November! My son A.J. and his wife Bailey are expecting a little boy. I am no stranger to the ATC because I have participated in the Tuesday group outings and other events over the years. I was a little late joining the club, but I do look forward to being part of a group that cares about our environment. After all, my soon-to-be grandson needs a great Mother Earth to live on.

William Long has been a member since July 5, 2022

I'm currently located in Richmond, VA. I have always been a lover of the outdoors and backpacking, so of course I was thrilled to see that such a large network of options was available just a few hours west of the city. I found out about TATC when hiking the Three Ridges/Mau Har loop the other week and figured I would join up. Previous backpacking experiences include Glacier NP, Grand Teton NP, Huascarán NP (Peru), Big Bend, and lots of less famous treks in between. Looking forward to attending my first TATC event and meeting some of you.

Katherine Steele has been a member since August 1, 2022.

Hi I'm Katie & some of you may recognize me as the 2022 Ridgerunner! While my season has wrapped up, I am excited to share that I have accepted a job with UVA and will just be a rock-toss away in Charlottesville. I have grown to love the members of TATC and look forward to continue working alongside you all during trail maintenance days. When I'm not living in the woods full-time, I enjoy paddle boarding, making desserts, and tending to my houseplants. Happy trails!

Volunteers Who Got Stuff Done - Who Organized the TATC 50th Landmark Celebration

By Mal Higgins [editor]

[Editor's Note: I asked various individuals who I knew were key organizers of the TATC 50th Celebration event to share with me the details of what they did to pull off the October 2, 2022, event at the Harbor Club, Waterside District, Norfolk. My original idea was to consolidate their reports in a single article. But their details were extensive and impressive, and I decided to let the organizers speak for themselves for a more complete account of their behind the scenes work. I do need to mention that early on in 2022, the idea of a major project for TATC was galvanized by Faye Bailey and adopted by the board to plant 500 trees in the Hampton Roads area as the 50th Anniversary project. At press time, the project is well launched with three separate tree planting events in Norfolk, Chesapeake, and Virginia Beach. What follows is the account of key volunteers in their own words, with my occasional light edits. I asked them not to be modest about what they did; they all did so much more than they mention, however. And watch for a new term, "cranky-gram"!].

STEVE CLAYTON

-We formed the committee in May 2021, about 17 months before the event.

We evaluated 15 venues in Portsmouth, Virginia beach, and Norfolk. We made site visits to seven of them before selecting the Harbor Club.

-We set the date on October 2 to be as late as possible and still with the hope of enjoying the outdoors during the event. We wanted it to be as late as possible to avoid hurricanes and to allow Covid to have subsided as much as possible. Obviously, we missed on the last two accounts, but were able to hold the event. *[Editor's note: It rained persistently that evening, and so the attendees were not able to enjoy the views and ambience of the Elizabeth River outside the Harbor Club].*

-We soon realized a venue that requires an outside caterer is a lot more expensive than one that provides the food themselves.

-We made a proposal to the board for the event to be a hybrid event of sit down and stand up to maximize socialization and comfort. We purposely avoided having a sit down, traditional banquet.

-Mal Higgins negotiated the contract with the Harbor Club with help from Lee Lohman and me, Steve Clayton, over several months of interaction with Harbor Club's parent company in Baltimore, MD. Mal also approached businesses for possible door prizes.

-I recruited Phyllis Neumann and Rosanne Cary to cover major accomplishments. I also recruited my wife, Stephanie Stringer and Vic Pisone to cover individual adventures/milestones. Margaret graciously stood in when Stephanie was unable to proceed. *[Editor's Note: The result was a reminiscence of events, foibles, mishaps, and colorful characters of TATC's last 50 years, where the audience was asked to "raise your hand if you ever. . ."]*.

-Michelle Cobb was not originally officially on the committee, but volunteered to help design and print the hand-out program with the surprise patch, the 50th bandanna, and several other items used to decorate the venue including the bandanna roses placed on the food tables and banners.

-Stephanie also volunteered to join Sandra Canepa and Evelyn Adkisson for the cake - finding a baker and designing the cake.

(Continued on Page 17 ...)

- I also recruited Ed Welp to construct the small figures for the cake – two shelters, the cabin, and the swinging bridge.
- Everybody on the committee took a major role for things like the cake, the continuous loop slideshow (Randy Smith), A/V coordination (John Barnes), door prizes (John Barnes) and menu (Sharon Salyer, Evelyn); Sharon Salyer also took point on the save the date announcement, ticket sales, a direct mail campaign to promote ticket sales and getting name tags printed up in advance. Bob Adkisson took responsibility to contact 35-40 previous or lapsed members and was successful in getting several of them to attend who would not have known otherwise. Members of Douglas Putman's family were invited too, but were unable to attend.
- Lee Lohman took responsibility for recruiting Virginia U.S. Senator Tim Kaine and Sandra Marra, President and CEO of the Appalachian Trail Conservancy, both of whom appeared by pre-recorded video. Bruce Julian secured the personal appearance as a speaker of Cameron Swain, Park Manager of False Cape State Park.
- Jim Sexton put out multiple event publicity reminders with TATC electronic email blasts to members like clockwork whenever we needed them.
- The event came in under the budget approved by the board six months ahead of the date.

MICHELLE COBB

An email from Steve Clayton to Michelle Cobb about a year before the 50th Celebration had a simple question: "Can you design a logo for the club's 50th anniversary to appear on tee shirts"? "Yes". Then, "can we talk about the program for the event"? "Yes". That phone call was the first of several and resulted in the theme: "50 Years of Getting Stuff Done".

The list of 50th-branded materials grew: Michelle designed 50th bandanas; the handout for the Oct. 2 Celebration; 50th commemorative patches that she applied to the front of 200 event booklets; a banner with the 50th theme and photography taken at a Swingblade-Lopper Fest. There was an effort to design the commemoratives to have more than one use: The bandanas were folded into rose shapes and used as table centerpieces at the Harbor Club, they were hung as decorations and were the giveaways to club members who attended.

And then there were the cakes. Michelle and Sandra Canepa met with a last minute fill-in bakery after the first bakery backed out. Things were so rushed with an impromptu meeting that Michelle needed to decide which was more important: be on-time with layouts of the cake design, or shower first and be late. (Hikers bend the rules).

The cake ended up with two typos written with fondant to the word "Appalachian", even though the cake decorator was given the correct spelling. To designate our section's features, I made tiny signs of the Blue Ridge Parkway, Three Ridges Wilderness and both shelters from photos of the actual signs. Also the Douglas Lee Putman sign and Mau-Har sign. These were completed 2 hours before the party in my studio.

Then, Hurricane Ian brought hard rain on Sept 30. We learned the Harbor Club had sprung a roof leak, dripping directly in front of the main presentation screen. Lee and Michelle visited to assess the damage and view the multiple 5 gallon buckets the staff had placed to catch the drips. The Harbor Club staff had a no-entry barrier of white tablecloth skirts to dress them up for the wedding held the night before. Plan B was discussed, which included Bob Adkisson bringing his canoe to the party to catch the dripping water, while adding an outdoorsy feel to the otherwise nautical decor of the Harbor Club. The rain subsided in time and the staff at Harbor Club had a beautiful set-up for the Celebration by the afternoon of Oct 2.

(Continued on Page 18 ...)

LEE LOHMAN

When the Board started discussing the 50th anniversary celebration, Steve stepped forward to chair the committee. Heroic. Steve and I discussed options. We agreed that the event should permit people to move around and talk to each other. We thought that was particularly important to create an environment where newcomers would have the chance to mingle with long serving members. We even discussed having people assigned to identify anyone standing alone. They would engage those people and introduce them to knots of people already chatting.

Steve and the 50th event team took that concept and used it to help select the venue, the menu, and the presentations for the event.

When Steve got sick, I met with the 50th team. We realized that without Steve providing direction, we would need to create a written plan for the event. We all worked on a detailed countdown action checklist and an even more refined game-day, timed schedule. I took the information they fed me and worked it into formats that are used for Presidential and Secretary of State overseas visits--though I never told them that. I'm sure everyone thought the level of detail I was asking for was over the top. *[Editor's Note: What? Lee with detail? Hard to believe!]*. Nevertheless, everyone contributed and in the end, it relieved anxieties about who was going to do what and when.

Michelle Cobb made remarkable contributions so I won't go into detail here. *[Editor's Note: Michelle provides some of her story in this article]*. I have to say that she contributed ideas, energy, and time that we just couldn't have gotten elsewhere. Her design contributions gave the event a sophisticated and put together look that guests told me they recognized as soon as they entered the Harbor Club.

Steve was supposed to be the master of ceremonies for the event, but fell ill. John Barnes stepped in and did a brilliant job moving the program smoothly from one presenter to another, running the raffle, and so on.

Everyone on the team showed up several hours before the event to put up decorations and direct the Harbor Club staff's placements of tables, chairs, etc.

The entire team should be recognized for outstanding contributions in the run-up to the event and particularly in the last month when we were in light speed mode after Steve's illness.

The videos started out when Tim Kaine and Sandy Marra were added to a list of special invited guests. The Board approved the list, so in April I wrote letters inviting both to attend. I heard nothing for months. In July, I went to Tim Kaine's local office and asked his representative to follow up. Nothing. Nothing from the ATC staff either.

In early August, I sent a cranky-gram to Kaine's office in Washington complaining about the lack of a response. Not answering constituent mail is an anathema in Washington so I got a call. They said Diane Kaufman from their eastern office would call. She turned out to be our champion. She initially offered a statement to be read at the event. I countered with a request for a video. She came back to me with a yes. I asked if she would like talking points for the video.

(Continued on Page 19 ...)

Another yes. I started to write them and realized it would be easier to write the Senator's full script. I sent it to her, and she liked it. They edited it somewhat of course and Senator Kaine delivered a friendly and supportive video congratulating TATC. I didn't write, or know anything about, his experience on the Mau-Har. I think that was the highlight of the video--it was for me, at least.

In early August, I also called Andrew Downs [TATC regional club coordinator] and asked him to help with Sandy Marra's staff. He sent me Sandy's PA's email address. I sent an email asking if Sandy could come in person. Time passed, and I sent Sandy's PA a cranky-gram saying this was our 50th anniversary and I asked if Sandy could do a video for us and noted that Senator Kaine was doing one. I heard back that Sandy would do the video.

Bruce Julian suggested Cameron Swain of False Cape State Park, and Steve Crate pushed for her acceptance to the invited guest list. It was a great choice. Her presentation was genuinely enjoyed by everyone whether they had volunteered for False Cape or not.

So, that's the story. Frankly, I think that the videos were better for the program than personal appearances of the Senator or Sandy. If either or both had attended, we wouldn't have had time for the wonderfully fun and nostalgia drenched presentations from Phyllis Neumann and Rosanne Cary and from Vic and Margaret Pisone. I think they were the highlights of the evening for us all.

ROSANNE CARY

I'm glad it seemed like Phyllis & I quickly organized something! Our presentation was actually months in the making. We divided up the years; I took the first 25 and Phyllis took the second 25 years. Then we combed through the newsletter archives for noteworthy stories and facts. Then we gathered photos, met for a couple of practice run throughs and voila, we did it! Not that all the details matter, but that's the story.

And I also helped with selecting the content for the book.

BOB ADKISSON

Both Evelyn and I, with others on the committee, went on at least one trip together (Ev went on a couple more without me), to check out possible venues. We went to Lesner Inn and the Half Moone Cruise and Celebration venue next to Nauticus. I missed other trips cos I was out of town and unavailable.

Steve Clayton headed up several on-line/zoom meetings, which both Ev and I were able to attend and participate in, and we both gave our opinions about various topics that were brought up. Steve also set up and we attended maybe half a dozen in person meetings, mostly at the picnic pavilion at Lake Smith boat launch area; again we offered opinions and small bits of wisdom and etc.

(Continued on Page 20 ...)

I went on one visit with Steve/Stephanie, and Sandra Canepa (and one other?), to a bakery in Hampton, about the possibility of a cake that would feature the TATC Cabin-- they wanted my opinion about how that would look and the layout of the property and etc. etc. They later backed off of this idea, and also went with a different bakery.

Ev and Sharon Salyers volunteered for the food committee sub group, and did most of the work about that and were also helped by Lee Lohman.

I attended one in person meeting with Jim Sexton and Reese and I think John Barnes at a restaurant in VA. Beach-- the historical committee, in which Jim laid out what he was doing with the book and how we would be able to go online and see the photos he had collected and the articles and etc.-- and what he wanted us to do in choosing photos. Since I was head of the cabin committee, and that was going to be a whole chapter in the book, I was allowed to choose my favorite 50 photos from the collection of about 4,500. I went thru the collection fully 3 times, choosing and writing down the photos I thought were best about the cabin (maybe 35 photos) and then about 25 more of just general club/historical photos. I also chose about 20 in case I could add them (once Jim and others added their choices, and I reviewed all of them, I noted for Jim many duplicates, and suggested some of my 'extra' choices to replace the duplicates, and I think a few of them were added). I also went thru the entries and corrected misspellings, misidentified people, and other mistakes, or added captions for photos that didn't have them.

I reviewed the long list of articles that Jim suggested, and picked my favorite 5 for inclusion in the book.

Once a mockup of the book was ready for review, I spent nearly a week in early Sept. reading thru portions of it (about as much as I had the time to do) and noted for Jim numerous mistakes, which he corrected and edited, and put right in the next week or so (among all the other 10,000,000 details he had to take care of-- he did a really impressive job on the book)

So, my major contribution was to work on portions of the book and try to help with its overall accuracy and coverage of the club history, esp. as concerns the cabin.

My one other self- appointed job was: both on a personal basis and for the club itself, I felt like some effort should be made to contact former or distant or out of touch members to make sure they knew about the 50th (or to just remind and invite them personally). I went thru several rosters, and racked my memory, and probably, all in all, contacted over 3 dozen people/couples. Some of them had no idea of the 50th and were glad I reached out-- and they attended the event.

A few of the people required some real detective work to discover their new address and contact info. After about 2 weeks of frustration and dead ends, I asked my daughter Leigh, and she tried Facebook, or something like that, and immediately found some accounts, and contacted people on that for me. She asked folks to contact me, and some did, and within a week were registered and then came to the event.

Probably 15 people I contacted had other plans or health issues, or just weren't interested in coming. About half a dozen people I was never able to get hold of them, or they didn't answer any of the 3 email addresses I had for them.

Pub Night aka Happy Hiker Hour

Pub Nights are a great chance for members to get to know each other in a friendly, small group setting. They are scheduled monthly by members who enjoy a brew and lively chit chat. November's get together was scheduled by Cecil Salyer, at Harbor Trail Brewing Company, 5900 Churchland Blvd, in Portsmouth. Seven locals, one pup, and one member all the way from Virginia Beach gathered in a comfortable setting, that had been transformed from a defunct bank building, to see what this new brewery had to offer. Of course, we weren't disappointed. Jim brought a couple of the 50th anniversary books that sparked conversations about "the good old days" of the club and the ATC. We wrapped up at 7:30 when our conversations were finally drowned out by a raucous Trivial Pursuit Night crowd.

Although the monthly meeting gives us an opportunity to touch base with other club members, many of us who are still recovering from the Covid restrictions are searching for ways to connect more intimately with friends and to make new ones. Last night filled the bill for me. If you would like to host a Pub Night, contact Andy Grayson at hikemaster@tidewateratc.com.



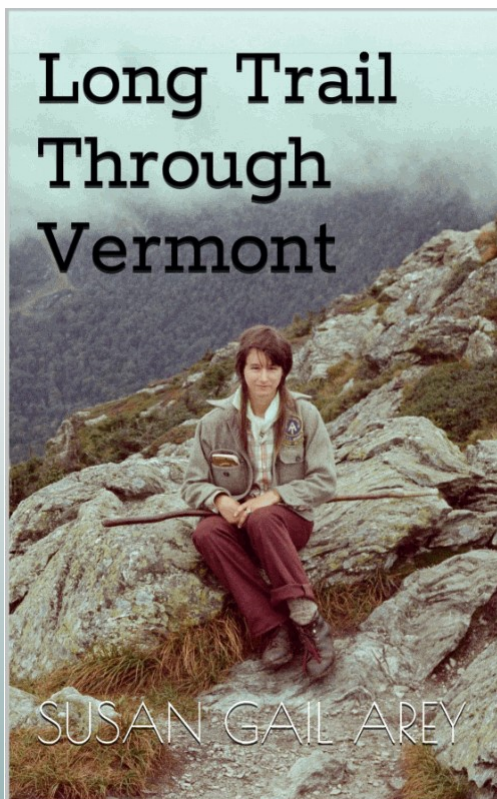
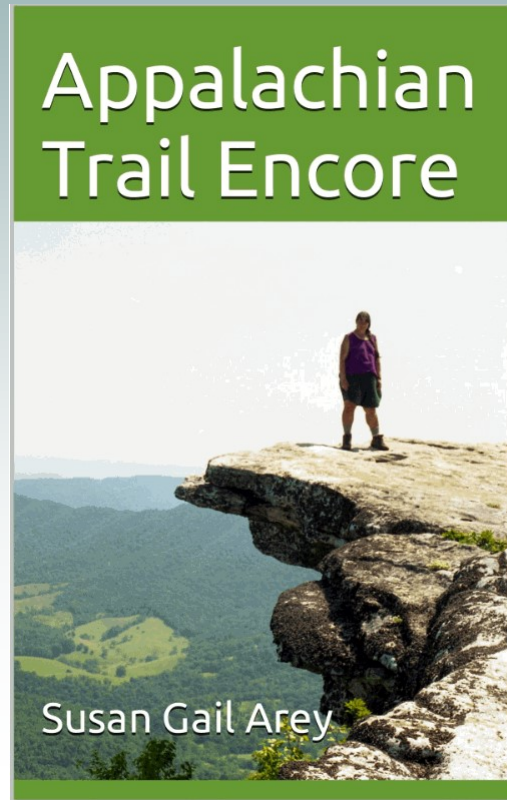
BBNWR National Recreation Trail Ribbon Cutting

Seven of the trails at Back Bay National Wildlife Refuge in Virginia Beach were named National Recreation Trails by the Secretary of the Interior on June 4, 2022, National Trails Day. On November 17, 2022 there was a ribbon cutting at the Refuge led by Megan Reed, refuge manager, to formally recognize that designation as part of the National Trails System. The event was attended by Barbara Henley, Virginia Beach City Council, Michael Kirschman, Virginia Beach Director of Parks and Recreation, Lee Lohman, President of Tidewater Appalachian Trail Club, Refuge Staff, Refuge Volunteers and Visitors. The ribbon cutting was led by Reese Lukei, Jr., 48-year refuge volunteer and TATC member who designed the trails system and constructed the trails with the volunteer group called 'The Crew' over a period of 30 years. There was an article on this in the Princess Anne Independent News on November 27th.



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We are a 501(c)(3) non-profit that depends on memberships and contributions. Any financial contribution is greatly appreciated and is tax deductible to the extent permitted under applicable law.

The Museum has launched a new, five-year campaign to raise the funds to finish all renovation work on the "Old Mill" building, and to cover the expense of outfitting the upper level ~ the expense of new exhibits (not inexpensive); electronic equipment for the volunteer docents; furniture of all sorts; office supplies, maintenance equipment, all to complete our A. T. Museum as a "TOP-NOTCH" Museum. The A. T. Museum has been open for over eleven years and has never charged an admission fee!

This "Building The Museum Campaign" will run through 2026 and expects to raise over \$350,000. The last campaign had a goal of \$350,000, but because of your generous support, it raised over \$370,000!

All donors of \$50 or more will be listed on a special plaque, the "Building The Museum (2022 - 2026)" plaque, which will permanently hang in The Museum. The TOTAL of a donor's contributions over the entire period (2022 - 2026) will determine the donor's listing level on this new plaque. Every donation over \$20 receives a one year membership in the A. T. Museum Society, an I.R.S. receipt, an oval, European-style car window decal, an acknowledgement note detailing the donor's present plaque listing level, and a membership card. For a short time, all donors of \$250 or more will receive a "NO EXPIRATION" A. T. Museum membership.

Please make your generous contribution and help us reach our ultimate goal to be able to complete the renovations necessary to expand the museum to full capacity and fill it with new and exciting exhibits!

Your donation will move us closer to this goal, and success for the A.T. Museum. So please "Join our Journey."

The following are this campaign's listing levels:

Platinum Benefactor ...	\$100,000
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Silver Benefactor	\$25,000
Founder	\$10,000
Pioneer	\$5,000
A2 Society	\$1,000
Maintainer	\$500
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All membership and donation questions should be directed to Robert Croyle, Membership Secretary
at atmuseumfriends@gmail.com or mailed to him at 515 Pennsylvania Avenue, #1403 / Savannah, GA 31404

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Washington, DC area	Jan 7 - 8, 2023
Charlottesville, VA	Jan 21-22
Triangle area south, NC	Jan 21-22
Baltimore area, MD	Jan 28-29
Farmville, VA	Feb 4 - 5
Harrisonburg/Staunton area, VA	Feb 4 - 5
Tampa area, FL	Feb 4 - 5
Lexington, VA	Feb 25-26
Richmond, VA	Feb 25-26
Jacksonville area, FL	Mar 4 - 5
Washington, DC area	Mar 4 - 5
Wilmington / Carolina Beach, NC	Mar 18-19
Blacksburg, VA	Mar 25-26
Charleston area, SC	Mar 25-26
Triad + Triangle areas, NC	Mar 25-26
Sitka, ALASKA	Apr 2 - 4
Baltimore area, MD	Apr 15-16
Charlottesville, VA	Apr 15-16
Orlando area, FL	Apr 15-16
Richmond, VA	Apr 29-30
Women-only Retreat in VA	Apr 29-30
Philadelphia area, PA	May 20-21
Tallahassee area, FL	May 20-21
Triangle area, NC	May 20-21
Forest Retreat near B'burg, VA	May 27-29
Washington, DC area	Jun 3 - 4
Charlottesville area, VA	Jun 10-11
Norfolk, VA	Jun 10-11
Chattanooga, TN	Jun 24-25
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Activities Schedule

PLEASE NOTE: Most hikes are limited in the number of participants. The hike leader will take reservations on a first-come, first-served basis. You can include your name on the sign up sheets available at each meeting or call the hike leader. If you sign up for an activity and then decide not to participate, please contact the leader in advance.

TATC Day in the Park, Saturday, December 3rd

When: Saturday, December 3rd, 2022, 10 am-2:00 pm

Where: First Landing State Park, 2500 Shore Dr, Virginia Beach, VA 23451, Shelter # 1, Conservation Court

Cost: \$5 per person, children under 12 eat free. There will be a raffle of cozy, seasonal items.

Description: We'll be celebrating the season with fun, friends, food, and unique entertainment! Misc.: Group hikes (10 am), meet at Shelter #1. Or join in a round of Horseshoes, Cornhole, Bocci, and more. To lessen our footprint on the park, please bring your non-disposable plate and utensils for dinner. Water will be provided. Please note that Virginia State Parks do not allow alcohol at the shelters.

Directions and parking: From Shore Drive, turn at the Park's Trails entrance sign. Parking is \$7 for those without a State Park Pass. Parking for Shelter #1 is located in the first lot past the Trails entry station, on the right. Go to the end of Conservation Court, Shelter #1 is on the right. The restrooms are adjacent to the shelter.

Camping: For camping and cabin availability in the park, go to ReserveVaParks.com

Capital Trail Bike Ride

When: Tuesday, December 6, 2022

Where: Meet at Jamestown Settlement at 9:15. Park in Parking Lot just off Rt. 31. We' plan on a 9:30 am departure.

Contact: Bruce Davidson: 757-846-4283

Description: We will bike the Capitol Trail to Chickahominy Riverfront Park. We will stop for a break and a ride over the Chickahominy Bridge as an option. Bike back to the start and cycle around Jamestown Island. Bring your lunches and we'll eat at the Billsburg Brewery afterwards. Bring bike, helmet, water, snacks, lunch, warm clothes if it's cool. Distance will be 22-24 miles.

TATC Board Meeting

When: Wednesday, December 7, 2022, 7:00pm-9:00pm

Where: The Episcopal Church of the Advent 9629 Norfolk Ave, Norfolk, VA 23503

Contact: Lee Lohman president@tidewateratc.com

Description: TATC Board Meeting. Guests are always welcome!

First Landing State Park Trail Maintenance

When: Thursday, December 8, 2022 - 9am - 12pm

Where: First Landing State Park, 2500 Shore Dr, Virginia Beach, VA 23451

Location: Meet at the 64th Street Trailhead, just inside the FLSP Contact Station.

Contact: Bob Mooney to sign up. Would like to have at least 10 volunteers; mbm9@cox.net

Description: We will perform trail maintenance on the White Hill Lake Trail. This trail is approximately 1.2 miles west of the 64th St trailhead on the Cape Henry Trail. We will hike to the White Hill Lake Trail and then trim back overgrowth along the White Hill Lake Trail. This trail is approximately 1.3 miles long. We will then backtrack to the 64th Street trailhead. Total hike including the work area is approximately 5 miles. Bring: Water, snacks, work gloves, loppers, hedge trimmers

(Continued on next page ...)

Activities Schedule

PLEASE NOTE: Most hikes are limited in the number of participants. The hike leader will take reservations on a first-come, first-served basis. You can include your name on the sign up sheets available at each meeting or call the hike leader. If you sign up for an activity and then decide not to participate, please contact the leader in advance.

Windsor Castle Hike - Smithfield

When: Saturday, December 17, 2022, 9am - 1pm

Where: Windsor Castle Park, 705 Cedar St, Smithfield, VA 23430

Contact: Jim Sexton at jtsexton@gmail.com

Description: Approximate 2-hour walk on 3.4 mi loop trail, mostly flat with 147 feet elevation gain
Everyone is welcome. Com'on out! We will park off of South Church St., across from Smithfield Station at the Station Bridge Parking Lot (marked 'O' on the map)

Park Map: <https://www.windsorcastlepark.com/park-map.html>. We will hike via the following waypoints shown on the park map: O-23-22-21-20-19-18-17 16 -14-13-12 -11- 10-9-8-6-5-4-3-25-24-23-O. with stops at side overlooks. We will eat out at The Restaurant at Smithfield Station following the hike <https://smithfieldstation.com/dining/>

Great Dismal Swamp Hike-Bruce

When: Tuesday, December 20, 2022

Where: 3499 Martin Johnson Rd, Chesapeake, VA 23323,

GPS Coordinates: 36.7513168 and 76.3742942

Contact: Bruce Julian

Description: Hike the Black Bear Trail off of The Portsmouth Ditch in the Great Dismal Swamp Wildlife Refuge. This trail is on the Chesapeake side of the refuge in Deep Creek area of the city, off of Martin Johnson Road. Once again we will try to show Ellis that there are Black Bears in the Dismal Swamp, hopefully we will see one along with a few other animals that live there in the swamp. This is a 5 mile hike in the woods for the first 4 miles and the last mile will be down a gravel road back to our cars. Be sure and wear your good hiking shoes, there may be some wet spots. Bring water, lunch, and snacks we will eat back at our cars after the hike. More information can be found at the Tuesday Group's site; [TATC Tuesday Group \(google.com\)](#)

Directions: Take I-64 to George Washington Hwy. exit 296 B go south about a half mile to Galberry Rd (at the light turn right) and drive about one mile to Old Mill Rd. and turn left and drive a half mile to Martin Johnson Rd. Drive about one mile look for Great Dismal Swamp Wildlife Refuge sign and turn left onto the gravel road, drive down to Bridge No. 1 and park on the right side of the road.

TATC Board Meeting

When: Wednesday, January 4, 2023, 7:00pm-9:00pm

Where: The Episcopal Church of the Advent 9629 Norfolk Ave, Norfolk, VA 23503

Contact: Lee Lohman president@tidewateratc.com

Description: TATC Board Meeting. Guests are always welcome!

TATC General Membership Meeting

When: Wednesday, January 11, 2023 7:00pm – 9:00pm

Where: The meeting location has been moved to the Episcopal Church of the Advent.

Contact: Lee Lohman at president@tidewateratc.com for more details.

Description: TATC General Membership meeting.

Program: TATC Elections

(Continued on next page ...)

Activities Schedule

PLEASE NOTE: Most hikes are limited in the number of participants. The hike leader will take reservations on a first-come, first-served basis. You can include your name on the sign up sheets available at each meeting or call the hike leader. If you sign up for an activity and then decide not to participate, please contact the leader in advance.

TATC Pub Night (aka Happy Hiker Hour) – Oozlefinch Beers & Blending

Date/Time: Tuesday, January 17th, 2023, 6:00 pm to 7:00 pm

Address: Oozlefinch Beers & Blending, 81 Patch Rd., Fort Monroe, VA 23651

Website: <https://oozlefinchbeers.com/>

Description: Join TATC Members on Tuesday, January 17th, 2023,, at 6:00 pm; TATC will hold a pub night get-together at the 'Oozlefinch Beers & Blending' located at 81 Patch Rd., Fort Monroe, VA 23651. No sign-up is necessary; just show up. A Food Truck should be available, if not other food options are nearby. Parking is plentiful. Enjoy a pint in the great outdoors while taking in the beautiful atmosphere of Fort Monroe. Sit inside, ore if the weather is nice, we can sit on the patio or on the large field area with a waterfront view.

Virginia Beach Winter Wildlife Festival Outreach

What: Volunteer to help staff a TATC outreach table at the central exhibit hall for this event.

When: January 28 from 10:00 to 3:00.

Where: Princess Anne Recreation Center, 1400 Nimmo Pkwy, Virginia Beach, VA 23456. (Map link: <https://www.google.com/maps/place/Princess+Anne+Recreation+Center/@36.7647075,-76.0207343,15z/data=!4m5!3m4!1s0x0:0xd3c2fb32a74c606d!8m2!3d36.7645336!4d-76.0206117>)

Description: Volunteers Needed for a TATC Table at the Virginia Beach Winter Wildlife Festival. Meet nice people interested in the outdoors. Check out owls, snakes, and ospreys in the middle of January IN THE WARMTH of the Princess Anne Recreation Center. Help people understand what TATC does and at the same time, solicit views on how we can appeal to nature lovers. The commitment is only 2 or 3 hours (10:00 to 1:00 or 1:00 to 3:00). Click the link for a list of festival activities that may interest you personally.

(<https://anc.apm.activecommunities.com/vbparksrec/activity/search?>

on-

lineSiteId=0&activity_select_param=0&price_id=CUSTOM_RANGE&activity_category_ids=52&viewMode=list)

Information for Hike & Activities Schedule, TATC website schedule listings and Meetup postings are collected & edited by the Hikemaster. Contact Andy Grayson at hikemaster@tidewateratc.com for publication.



TATC Officers & Board

Position	Name	Email Address
President	Lee Lohman	president@tidewateratc.com
Vice President	Andy Grayson	vicepres@tidewateratc.com
Treasurer	Cecil Salyer	treasurer@tidewateratc.com
Secretary	Steve Clayton	secretary@tidewateratc.com
Trail Supervisor	Brittany Collins	trailsupervisor@tidewateratc.com
Assistant Trail Supervisor	John Sima	assistantts@tidewateratc.com
Counselor	Bruce Davidson	counselor@tidewateratc.com
Counselor	Bill Bunch	counselor@tidewateratc.com
Counselor	Kari Pincus	counselor@tidewateratc.com
ATC RPC Representative	Ned Kuhns	rpcrep@tidewateratc.com
Alt ATC RPC Representative	Jim Sexton	rpcrep@tidewateratc.com
Cabin Committee	Bob Adkisson	cabin@tidewateratc.com or 627-5514
Cabin Committee	Gregory Hodges	cabin@tidewateratc.com
Calendar	Tony Phelps	calendar@tidewateratc.com
Education	Vacant - TBA	education@tidewateratc.com
Hikemaster	Andy Grayson	hikemaster@tidewateratc.com
Historical	Jim Sexton	historical@tidewateratc.com
Land Management	Nalin Ratnayake	landmgt@tidewateratc.com
Local Trails	Dave Plum	localtrails@tidewateratc.com
Membership	Kama Mitchell	membership@tidewateratc.com
Membership	Sharon Salyer	membership@tidewateratc.com
Merchandise	Vacant - TBA	merchandise@tidewateratc.com
Newsletter	Jim Sexton	newsletter@tidewateratc.com
Outreach	John Barnes	outreach@tidewateratc.com
Past President	Rosanne Cary	pastprez@tidewateratc.com
Programs	Vacant - TBA	programs@tidewateratc.com
Timekeeper	Bill Lynn	timekeeper@tidewateratc.com
Tool Boss	Vacant - TBA	toolboss@tidewateratc.com
Webmaster	Jim Sexton	webmaster@tidewateratc.com



September 24th Fall Maintenance



Removal of 1982 Time Capsule and Digging Hole for New Time Capsule



Steve Crate, Jim Newman sawing

Removal of 1982 Time Capsule and Digging Hole for New Time Capsule



Steve Crate sawing

Removal of 1982 Time Capsule and Digging Hole for New Time Capsule



Jim Newman, Steve Crate removing floor boards

Removal of 1982 Time Capsule and Digging Hole for New Time Capsule



Jim Newman digging hole

Removal of 1982 Time Capsule and Digging Hole for New Time Capsule



Mal Higgins digging hole

Removal of 1982 Time Capsule and Digging Hole for New Time Capsule



Steve Crate, Jim Newman chiseling 1980 cornerstone

Removal of 1982 Time Capsule and Digging Hole for New Time Capsule



Jim Newman removing freed 1980 cornerstone

Removal of 1982 Time Capsule and Digging Hole for New Time Capsule



Position of 1982 time capsule as uncovered after cornerstone removed

Removal of 1982 Time Capsule and Digging Hole for New Time Capsule



Inscription on lid of 1982 time capsule

Removal of 1982 Time Capsule and Digging Hole for New Time Capsule



Manuscripts and photos contents of 1982 time capsule

Removal of 1982 Time Capsule and Digging Hole for New Time Capsule



Mal Higgins, Jim Newman, and Bob Adkisson with cornerstone

Removal of 1982 Time Capsule and Digging Hole for New Time Capsule



Steve Crate mortars 1980 cornerstone back in place

Removal of 1982 Time Capsule and Digging Hole for New Time Capsule



Lunch Time - Mal Higgins, Jim Newman, Bob Adkisson, and Steve Crate

**Photos from TATC's 50th Anniversary Celebration at the Harbor Club
October 2nd 2022**



**Photos from TATC's 50th Anniversary Celebration at the Harbor Club
October 2nd 2022**



Photos from TATC's 50th Anniversary Celebration at the Harbor Club
October 2nd 2022



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October 2nd 2022



**Photos from TATC's 50th Anniversary Celebration at the Harbor Club
October 2nd 2022**



Photos from TATC's 50th Anniversary Celebration at the Harbor Club
October 2nd 2022



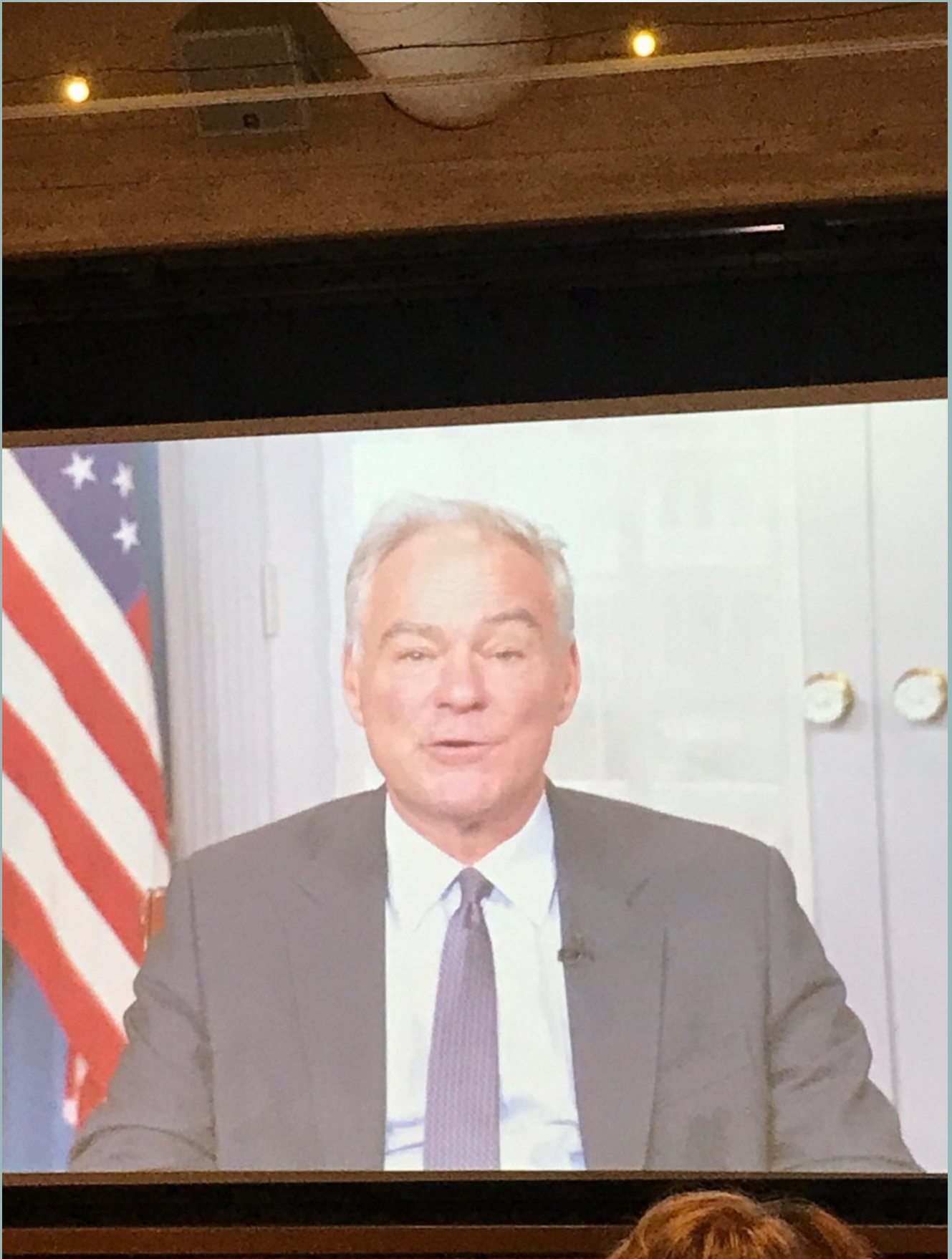
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Photos from TATC's 50th Anniversary Celebration at the Harbor Club

October 2nd 2022



Between the Waters Bike Tour Wachapreague
25 & 40 milers October 22, 2022



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Between the Waters Bike Tour Wachapreague
25 & 40 milers October 22, 2022



Paddling from Owl Creek to Rudee Inlet in Virginia Beach
Tuesday, October 11, 2022



Paddling from Owl Creek to Rudee Inlet in Virginia Beach
Tuesday, October 11, 2022



Paddling from Owl Creek to Rudee Inlet in Virginia Beach
Tuesday, October 11, 2022

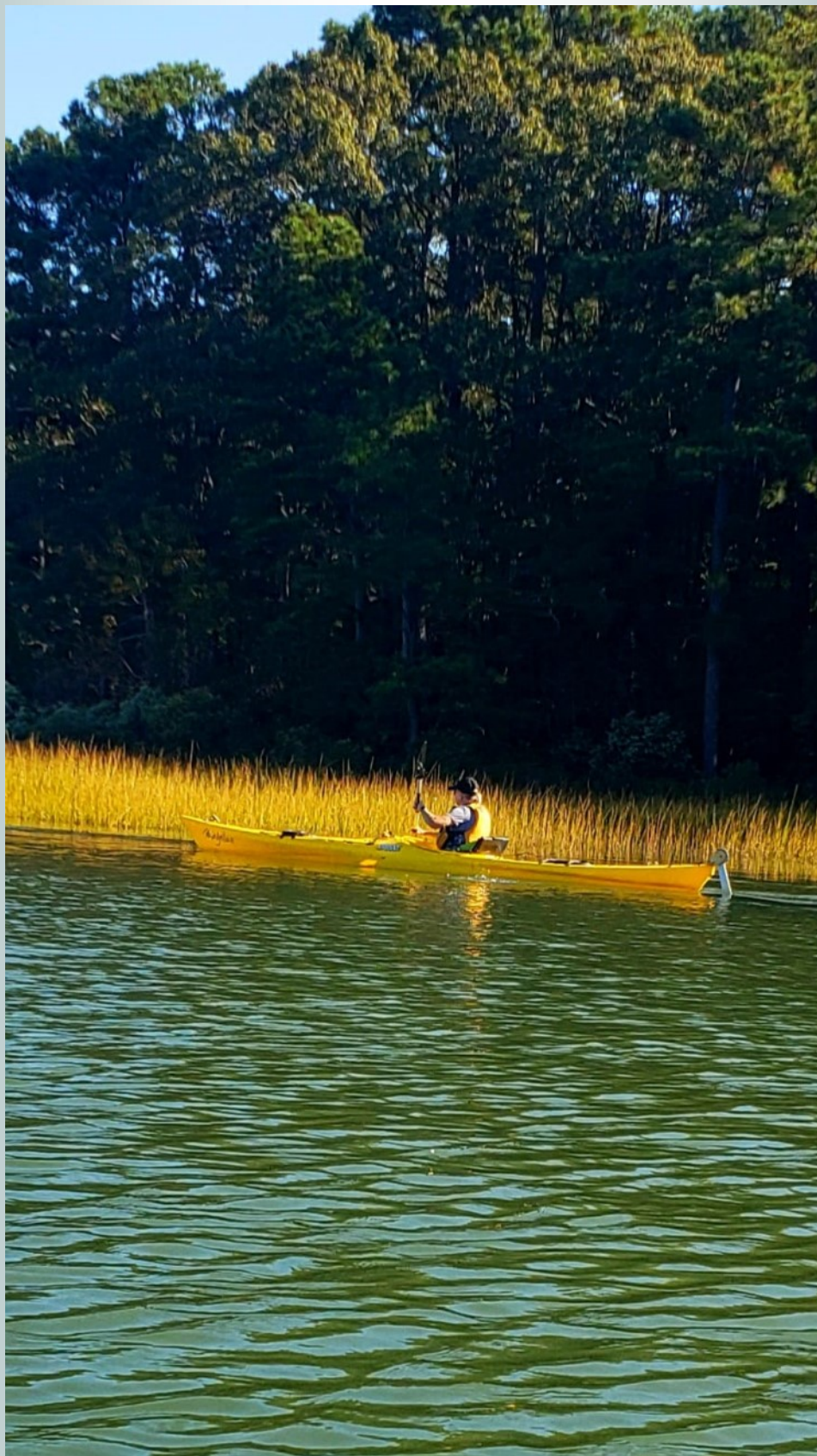


Paddling from Owl Creek to Rudee Inlet in Virginia Beach
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