

www.tidewateratc.com

Banner Photo by Mark Ferguson

PREZ SEZ

Our Fall Maintenance Trip extravaganzas are back. We had many eager sets of hands at Williams Branch in Sherando on September 24th. They cut, they hacked, and they sawed--and had fun. Hard work was followed by a basic, but filling, dinner.

Our total number was somewhere between 40 and 50--Britt and John have the final number. If you missed it, you missed meaningful work, good food, and great weather. An ideal temperature (70F) was accompanied by only a bit of rain on Saturday night. Low humidity made working comfortable whether you were bucking logs or working over a hot grill. Kudos to Patrick Hayes, Kari Pincus, Ed Cobb, Pete Burch, and Paul Heymann for putting in grill time to produce a great dinner.

As I write this, it's September 26th. After months of planning, TATC is about to have its 50th Anniversary Event on October 2nd at the Harbor Club. Great food, a fabulous view (if Ian isn't blowing too hard), and plenty of time to have fun just talking to each other. Our presenters include past presidents Rosanne and Phyllis, Jim Sexton, Vic and Margaret Pisone, and Cameron Swain, the Park Manager of False Cape State Park. Sandy Marra, the head of ATC, and Senator Tim Kaine have sent us congratulatory videos. I'll say a few words as well.

For those of you who have been following Steve Clayton's progress, you should know that Steve is eager to come to the 50th event. Steve chaired the 50th committee for many months and got it all underway. Steve gets to cut the first piece of cake--and eat it.

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October 2022 - November 2022 49th Edition, 5th Issue

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For those of you going, please note that an informational email will come out just before the event providing more information on parking and finding your way to the Harbor Club.

Like a job? Our umbrella organization, the Appalachian Trail Conservancy is looking for volunteers to help design shelters and campsites. If you are interested, go to <u>https://tidewateratc.com/resources/ATC/RPC%</u> <u>20Draft%20-%20Locating-and-designing-shelters-and-formal-campsites.pdf</u>, for more information, contact Trails Management Committee Chair Cosmo Catalano at <u>catalano.cosmo@gmail.com</u>.

You may know that we have a web store now. It's on the second tab on our website labeled catalog. All of our logo merchandise is now available exclusively through this store. We've turned off the order and pay later feature. Now, it's just like Amazon. You pay by credit card when you order the item. Shipping costs are sky high so we'll deliver the goods you order at the General Membership Meetings. Support the club. Buy logo items.

Speaking of the General Membership Meetings, Kevin Du Bose presented a truly professional program in September describing his hiking trip to Switzerland, Italy, and France. The hike is called the Tour du Mont Blanc. Kevin will present part II of the presentation at the General Membership Meeting on October 12th. Don't miss it.

I know it seems as those all the events TATC puts on and those you see on the calendar just happen magically. Ha. It requires a dedicated team of Board members and other volunteers to make all that happen. We need people to step up for a variety of jobs, especially those on the Board. This year, we especially need candidates to run for election for the positions of Secretary and Counselor as Steve Clayton and Kari Pincus have reached the end of their permitted terms. Anyone interested in running for these positions or the others on the Board need only wait for the announcement that will come out shortly. C'mon. It's fun. It's not too time consuming, and you will be making an important contribution to TATC and the many events we support.

See you on October 2nd. Happy Trails.

Lee

Minute for Maintenance

After all the maintenance trips this year we finally caught a break and had nice weather. The weather was beautiful, the sun was shining and the morning temperatures were perfect for camping. We had 40 volunteers participate in this year's Fall Maintenance. We had folks working on blowdowns in each section of the trail, shelter cleanups at both shelters, and even had one (poor Tim) had to change out the toilet seat at Maupin Field. He definitely deserves a commendation medal for that. Who knew how gross just the toilet seat could get. Thanks Tim!

Our president, Lee Lohman, also deserves a big thanks for making sure everyone was well fed. Him and his helpers, Kari and Patrick, did a fantastic job cooking hamburgers, hot dogs, baked potatoes, and everything else that was involved . Not to mention everyone who brought dessert!

Really, though, everyone who showed up deserves a big thanks! If it wasn't for all you that take time out of your lives to help out, our trails would be overgrown and non existent. So, Thank you! You all make it easy for John and I!

One last note, I was told this weekend that all the pictures that I had received and shared in the past were photos of people who looked mopey or who just didn't smile. So, this year I requested folks smile in their photos. I was expecting some cheesy smiles but instead got some good looking photos! We are definitely a good looking group of people!

Brittany Gonzales TATC Trail Supervisor trailsupervisor@tidewateratc.com



Love Ridge Mountain Lodging

Many TATC members have hiked into the TATC cabin near White Rock Gap from Love Ridge - <u>https://loveridgeva.com/</u> (formerly Royal Oaks). We want to invite members to join our newsletter and contact us at <u>Stay@LoveRidgeVA.com</u> if they would like to park at Love Ridge during the winter. We'd also like to offer members a 10% discount for a three day or more stay at Love Ridge for the rest of the year using the code 10TATC. Follow us on <u>Facebook</u> and <u>instagram</u> to stay up to date with what is happening at Love Ridge.

Be outside in Virginia's Blue Ridge Mountains. Amble on the Appalachian Trail, splash in the headwaters of the Tye River, rip down some singletrack at Sherando Lake, sample some local craft beverages and foods. Then return to your own Blue Ridge Parkway mountain cabin or family home at Love Ridge Mountain Lodg-ing.

At 2,800 feet and overlooking Love, Virginia, Love Ridge offers an elevated location, bordering the Blue Ridge Parkway just past milepost 16. Regardless of your mode of recreation, Love Ridge Mountain Lodging is the perfect getaway for a relaxing weekend away or your hub for outdoor adventure.

45 Royal Oaks Ln. Lyndhurst VA 22952 Phone 540-943-7625 Email <u>Stay@LoveRidgeVA.com</u> <u>https://loveridgeva.com/</u>

October 2022 WSI Regional Crosscut Saw Training at Sugar Grove VA

We want to make sure that TATC, PATC, and CMC know about training opportunity week of 10/17/2022 at the Mount Rogers NRA Volunteer Trail Camp (Konnarock) in Sugar Grove, VA. We need a good crop of A/B sawyers for C sawyer recertification. This is a regional opportunity for your clubs to certify new A & B crosscut sawyers. This is likely the last opportunity to recert sawyers whose extensions expire at the end of 2022 There were several existing sawyers who could not attend recert trainings that were scheduled for specific clubs. And at least one of the sawyers that we recertified this spring is interested in standing for their C. The first step for them is to apply.

Please get the word out and encourage those interested to apply on the WSI website:

<u>About - Wilderness Skills Institute</u>. The October course information and application link is on the main site.

About - Wilderness Skills Institute

2022 The 12th annual Wilderness Skills Institute! The Wilderness Skills Institute is a training partnership between the Appalachian Trail Conservancy, the United States Forest Service and Southern Appalachian Wilderness Stewards, Started in 2011, the Institute features two weeks of training hosted each year in the spring at the Cradle of Forestry facility outside of Brevard, North Carolina on ...

wildernessskillsinstitute.org

Paul Dickens

Paul S Dickens (he/him) Board Member and Treasurer of Southern Appalachian Wilderness Stewards C-Sawyer, USFS Traditional Tool Trainer (have saws, will travel) pauldickens@wildernessstewards.org 828-279-4304

SAWS is committed to help build a more equitable, inclusive outdoors. Learn more here.





It's time to celebrate!!! 50 years in the making and Sunday is the day.

Here's a few last-minute details to make your evening as enjoyable as possible.

Date: Sunday, October 2, 2022

Location: Harbor Club, Waterside, Norfolk

Time: Total event is from 4:30pm to approximately 8:30pm

Food served from 4:30pm to 6:00pm

Presentations at 6:00 with door prizes and cake to follow

Attire: Smart casual.

Parking: Recommend the Waterside Garage, directly across the street from Waterside at \$1.50/ hour. The elevated walkover is located on the 2nd floor and has 5 handicapped spots as well as elevator access to additional floors. The elevated and covered walkover leads directly to The Harbor Club located on the 2nd floor of Waterside, so easy access. On street parking is also an option if you can find it and it is free on Sundays, however rain is in the forecast.

We can't wait to see you and celebrate "50 years of getting stuff done"

(Absolute last chance for anyone who hasn't purchased a ticket yet!!)

Click Here to Register

Our 50TH Anniversary Time Capsule A Message to the Future from 2022 TATC Members

By Mal Higgins

The TATC committee planning the 50th anniversary celebration of the founding of the club decided it would be fun to create a time capsule of objects, photos, papers, electronic essays and a 50th Anniversary book to be created and stored in 2022. The time capsule itself is a stainless steel and watertight cylinder, 5.5 inches wide by 24 inches tall. Once installed in the TATC cabin sometime after October 2, 2022, the time capsule will be opened decades in the future. Both the placement and the opening date will be determined by the Board.

Every effort has been made to place in the capsule artifacts and a variety of writings that tell the story of TATC's first fifty years. Those years were filled with men and women who maintained the Appalachian Trail from Reid's Gap to the Tye River Route 56. We built and maintained local trails; built the MauHar Trail; built the TATC cabin; maintained St. Mary's Wilderness; became 2000 milers on the A.T.; backpacked; canoed; kayaked; bicycled; rock climbed; day hiked; car camped; white water rafted; skied; rappelled; nature watched; ate choco-late on the Chocolate Hike; froze in winter "Freezeree" hikes to upstate New York (the Adirondacks) and New Hampshire (the Whites); peak bagged, and of course, ate! Often, ice cream! It has been "Fifty Years of Getting Stuff Done"!

Here are a few (anonymous for now, but the author is identified in the message going in the time capsule) excerpts from the messages to the future.

- Besides the satisfaction of doing trail maintenance, the hiking, biking and paddling opportunities have been very rewarding. Finally, TATC has been a great source of social activity, leading to many long-term good friends.
- I grew up with the TATC. It was a HUGE part of my childhood, one that I would never trade for anything else. . . . But what is important is that this organization helped to mold me into the conservationist I am today. It brought me closer to my family and taught me how to appreciate the Earth around us
- It is our sincere hope that those opening this capsule are enjoying healthy American Chestnut forests once again across the country.
- Join TATC, participate, be active, contribute, have fun and you will be part of a great effort to preserve and protect the AT and like resources. Remember it is as much the journey as the destination.
- On my first weekend my job was to wheelbarrow cement bags from near the park way to the cabin. Sunday night I drove home in my sports car and when I got home I could barely get out of the car and my wife and daughter laughed uncontrollably.
- When I joined TATC, I was thinner, had hair, and brought my young kids to the cabin! Now, I am not so thin, bald, bringing grandkids. TATC helped me solidify my love of the outdoors, freezing winter hikes, and the Appalachian Trail.
- The challenge for current members is to prepare future members for the next 50 years as well as the TATC founding members prepared us. I'm confident that the love of nature, a can-do spirit, and the camaraderie of working together to do good and have fun will continue well into the future.

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_____ and I hope the cabin privy never changes and perpetually has the great view and clean conditions!

- My introduction to TATC was at the Chocolate Hike. I figured a group who could enjoy tons of chocolate while hiking at 9 am was a fun group.
- One member once stated that the club was formed on the shoulders of giants, our early founders. This is true to some extent, but these were also just people like all of us with a vision and a dream. Here's hoping that TATC becomes an enjoyable part of your lives and the lives of all those who participate in the future.
- Working the A.T. and St. Mary's Wilderness, also one of our charges, is rewarding, but seeing the face of a local kid hiking with his or her first backpack on a local trail we maintain is a special treat. . . . All of us in the 2022 TATC would love to know how you are managing. We can't, of course, but we hope you are doing just fine.
- It is so energizing to be around diverse individuals who seek adventure, welcome challenges, and focus on public service. The club has some characters, too, and that makes it even more special and enjoyable!
- These signs were invaluable to keep me from wandering, but also to keep the audience anticipating what was coming next! Pithy was one of the words with definition, and along with the popular cardboard signs, became trademarks of my presentations to the club.
- It is breath-takingly beautiful! All snowfall has stopped. The Parkway has about 8 inches of newly fallen snow. There is a full moon and a perfectly clear sky. The reflection of the moon is so bright no headlamps are needed. With the reflection of the moon on the snow, you can see for miles deep into the woods.

It's not too late for you to write a message to the future. At the 50th Anniversary celebration at the Harbor Club in downtown Norfolk on October 2, 2022, we will provide small index cards and pens. Take time out from the party and write (preferably print!) your message to the future. When we assemble all contents and place them in the time capsule, we'll put your message to the future there too. Try to keep it at approximately 100 to 150 words, please.



Moving TATC Forward with Facebook

The TATC has had a Facebook page for a number of years. During much of this time Juliet Stephenson has been singlehandedly providing the content. I recently joined her by taking on some of the duties of administering the page. Juliet has expressed an interest in stepping away from the administration duties in the future. I do not have a great deal of experience in managing social media, but I believe Facebook provides a great outreach tool for the club. While I have seen "likes" and "comments" from a few TATC members, the majority of the page's followers are not affiliated with the club and are not in our local service area. We need to increase our local content and TATC member participation for several reasons, most notability to improve our communications with members and to generate interest from prospective members. Almost all of the current content is the memes created by Juliet supplemented by some really beautiful photography by Janice Miller.

To help ensure our page has more appeal to our members and our local audience, we would like to encourage all club members, especially activity leaders, to post their upcoming trail club events, hike experiences and, of course, photos. Please make an effort to "follow the TATC on Facebook", to like the posts that you appreciate and to share our posts on your own social media channels as this is likely to generate interest in our club activities. *It seems to me that a meaningful goal would be to see all of our events in Facebook posts.*

http://www.facebook.com/pages/Tidewater-Appalachian-Trail-Club/166997346653405

Here are some guidelines for posting:

- Post about outdoor activities engaged in by club members.
- Post about activities of the Appalachian Trail Conservancy or our Federal agency partners.
- Post about generic outdoor activities, events, equipment, etc. that may be of interest to the membership.

Hope to see and hear from you on Facebook!

Bill Bunch



Tye River Ridgerunner Reports

Extract from Week 16 Ridgerunner Report, Katie's last report of the Season:

Hello all-

Trails remain calm besides the few hot spots for day/weekenders along the section. Enjoyed spending Saturday out with Ranger Wilson and indulged in some creek-side entertainment on my last hitch.

Thank you all for a season filled with personal growth and the opportunity to reach so many people in the backcountry. I am grateful for the relationships I have developed in this position and the wonderful days spent on trail.

I am excited to share I won't be too far away- as I am moving up to Charlottesville to work for UVA in their sustainability department, helping the school work towards reducing their waste production through recycling, composting, and better purchasing. I look forward to maintaining relationships with the wonderful volunteers in NBATC, ODATC, and TATC. I think I may have a natural talent for swing-blading....

Cheers, Katie aka Flossy

Archive of Tye River Ridgerunner Reports:

Please find links below to the complete 2022 set of 'Tye River Ridgerunner Reports' for Weeks 1 to 16, from Katie Steele, who was our Tye River Ridgerunner on the Appalachian Trail. Reports are listed in reverse order, with the most recent ones for week #16 at the top of the list.

Week 16 Week 15 Week 14 Week 13 Week 12 <u>Week 11</u> <u>Week 10</u> Week 9 Week 8 Week 7 Week 6 Week 5 Week 4 Week 3 Week 2 Week 1



Helpful Tips for Hikers and Hunters during Big Game Seasons on Appalachian Trail Lands.

The Appalachian Trail (A.T.) traverses many different types of public lands, including parks, forests, refuges, and game lands. It is not always easy while on the footpath to know which jurisdiction you are walking through, except at boundary signs. A concerted effort is made to identify land types on official A.T. maps, but hikers and hunters are advised to "know before you go."

Hunting is *permitted* along approximately 1,250 miles of the A.T. through national forest lands, national recreation areas, and state forests and game lands.

Hunting is *prohibited* along approximately 900 miles of the Trail through national parks (like Shenandoah and the Great Smoky Mountains), most state parks, and on lands acquired by the National Park Service exclusively for the Trail and still under National Park Service administration, including the outside edges by A.T. corridor boundary signs.

Hikers should be aware that the protected corridor is often narrow, averaging about 1,000 feet wide. Even in areas where hunting is prohibited, hunters on adjacent lands may not know that they are near the Trail. Hunters may inadvertently cross onto Trail lands or unknowingly fire toward the Trail.

Tips for Hikers During Hunting Seasons

Know Before You Go

Specific dates for hunting seasons vary year to year and also by type of game hunted and weapon used. Small-game seasons (turkey, rabbit) stretch from fall through the end of May; big-game seasons (deer, bear, moose) generally occur October through January. In Loudoun County, Virginia, deer season extends through March. Learn the regulations and hunting seasons for the areas where you will be hiking before you go. Hunting on Sundays is prohibited in some states, but be aware that hunting is now allowed in Pennsylvania on some Sundays, including the Sunday after Thanksgiving.

Wear Blaze Orange

Wear a fluorescent or "blaze" orange hat and vest (and pack cover if backpacking), or hooded outerwear when hiking in fall, winter, or spring. Blaze orange will help distinguish you from wild game. If you hike with a dog, your pup should also wear blaze orange visible from all sides. We recommend that pets be leashed at all times while hiking.

A special note about Pennsylvania: On state game lands in Pennsylvania, all hunters and non-hunters are required to wear at least 250 square inches of fluorescent orange material on the head, chest, and back combined, or a fluorescent orange hat, from Nov. 15 to Dec. 15. The orange material must be visible from all angles (360 degrees).

A <u>reversible fluorescent orange beanie</u> featuring Appalachian Trail Conservancy branding may be purchased from <u>ATC's online Ultimate Trail Store</u> or in the gift shop at <u>ATC's visitor center in Harpers Ferry</u>, West Virginia.

Use Extra Caution at Dawn and Dusk

Hunting activity may increase at dawn and dusk when animals are feeding. Visibility is also poor. Avoid hiking during this time, or wear reflective vests and use a headlamp or flashlight for extra visibility.

Use Extra Caution Near Roads and in Valleys

Be especially cautious within 1/2 mile of road crossings (both approaching and leaving) and in valley areas.

Use Extra Caution Near Roads and in Valleys

Be especially cautious within 1/2 mile of road crossings (both approaching and leaving) and in valley areas.

Avoid Hunter Interference

Hikers should be aware that interference or harassment of hunters in the lawful pursuit of game is a violation of law in all 14 A.T. states. This includes interference or tampering with dogs used in the pursuit of game where allowed by law. Sportsmen are our partners in conservation, and encounters between hunters and hikers are opportunities to raise the awareness of both groups.

Deer Firearm Season

Deer firearm season is generally considered the most important time to exercise extra caution or consider hiking in an area where hunting is not allowed. Seasons vary by state. November is typically the prime month for deer firearm season, but October, November, December, and January are also months when deer firearm season may be open. During firearm season, if you want to choose an area of the A.T. where hunting is not allowed, you can hike in one of five national parks crossed by the A.T. (note that hunting is allowed in Delaware Gap National Recreation Area, another national park unit):

<u>C&O Canal National Historical Park</u>, Maryland <u>Harpers Ferry National Historical Park</u>, West Virginia

Shenandoah National Park, Virginia

Blue Ridge Parkway, Virginia

Great Smoky Mountains National Park, Tennessee and North Carolina

Hunting is also prohibited on Sundays in several A.T. states.

Be Heard

Make sure you are heard before you are seen by whistling, singing, or talking while you hike.

Tips for Hunters During Hunting Seasons

Follow All Hunting Regulations

• It is the responsibility of the sportsman to know where the land ownership and boundaries for the area where he or she wishes to hunt and to contact the landowner regarding the rules and regulations governing hunting at that location.

• The act of hunting and the discharging of weapons remains prohibited on National Park Service lands managed by the A.T. Park Office.

The use of off-road vehicles, including ATVs, is prohibited along the entire length of the A.T.

Know Where the Trail Is

• A.T. maps can be purchased from the ATC and at local outfitters. Contact the nearest ATC office for more information.

• Do not shoot toward the Trail or the Trail corridor.

A special note about Pennsylvania: Those hunting in Pennsylvania, where land hunting boundaries can be especially confusing, are encouraged to contact our Mid-Atlantic Regional Office for assistance in determining where hunting is permitted. The Trail is often located on the height of the land.

Be Sure of Your Target

On National Forest lands in 2002 and 2003, two A.T. hikers were shot by hunters who thought they were shooting at deer. Both hikers suffered serious injuries, and both hunters were prosecuted.

Make Your Presence Known to Hikers

• Many hikers are from urban or suburban areas and are unfamiliar with hunting. Hikers may not be aware of hunting seasons, or that they are in or near areas open to hunting.

Hikers may not be wearing blaze orange. Please use appropriate caution.

Hunting is Prohibited on Lands Acquired by the National Park Service for the Trail

• Be aware that, although the protected National Park Service Trail corridor is marked with yellow blazes and U.S. Boundary signs, corridor-boundary monitors cannot post (and maintain) signs every year along all of the more 1,200 miles of boundaries where hunters might cross onto A.T. lands.

• The Trail itself is marked by 2" by 6" vertical white rectangles painted on trees. Less familiar are the boundary blazes and signs on NPS corridor lands. Here, white 3" x 12" U.S. Boundary signs are placed facing out from the boundary with A.T. lands behind them. Trees on (or within a few feet of) the boundary are blazed with irregular yellow paint marks.

Keep in mind that about 75 miles of the boundary of Pennsylvania State Game lands are marked with white paint, which occasionally causes confusion with white A.T. blazes.

2022-2023 Hunting Seasons on the Appalachian Trail

Dates shown: **August 2022** through **June 2023**, noting that some dates are shown in ranges and may not be consecutively occurring dates. Not all dates apply to all counties or towns; hunting dates and laws (including, but not limited to, Sunday and nighttime hunting) are subject to change. **Re-confirm hunting season dates locally before you go.** This listing is not comprehensive.

HUNTING SEASONS 2022-2023 (DOWNLOAD AS PDF)





PUBLIC TOUR: AUTUMN LEAF PEEPING/WINERY TRIP



TOUR NAME: Public Tour: Autumn Leaf Peeping/Winery Trip

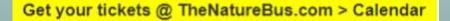
DATE: Friday, November 4 - Sunday, November 6

DURATION (ROUND TRIP): departing at 6:30 pm sharp on Friday – returning Sunday around 7 pm (ish; tunnel traffic dependent)

DESCRIPTION: Stunning scenic overlooks await you on the "National Scenic Byway" – the Skyline Drive through the Shenandoah National Park. This is a seasonal experience you will not want to miss! Come adventure with us. We will hop off of the bus at many overlooks, with panoramic views; perfect for taking stunning photos. These sweeping views will not disappoint. While on the Skyline Drive, there will be an optional nature walk for those interested in going. Others can relax and enjoy some social time by the trail center/gift shop. We will also take in a visit to a winery. Charlottesville area, here we come! Every year this is one of our most memorable tour weekends!! There are 16 seats total on the bus, so tell your friends and family and get your tickets immediately before they are sold out. For meals we will make stops at local restaurants (bring \$ for your food and drink). Be a bit flexible because we will "vote" on some decisions (aka which restaurant, etc.). Come have an A-M-A-Z-I-N-G weekend! Create happy memories!

Regarding accommodations, "rough cabins with bunk beds" are included in your tour cost (more details regarding these cabins below). To stay in these cabins, you need to embrace a sense of adventure! They are just a step up from tent camping. If you prefer to be dropped off at the famous Charlottesville Pedestrian Mall and picked up in the morning, you are welcome to make your own alternative sleeping accommodations (hotels, Air b&b, etc.). We will have a specific time and location to pick you up in the morning (don't miss the bus!)

PRICE: \$150/person; rough cabin included (food, drink not included)





SUMMER CAMP AGES 7 to 10

Session I: July 11-15 Session II: July 25-29



Plan ahead: limited spots for Summer 2023

PRICE: \$350/camper

Please plan ahead! This camp sold out so fast this past summer. Put your child's name on the wait list now for Summer 2023

Please note: Session Dates TBD and registration to open in February 2023

DESCRIPTION: THIS CAMP IS LED BY TWO CERTIFIED ELEMENTARY TEACHERS! Nature Quest has been designed with your nature-loving child in mind! Hop-on-board The Nature Bus! Each day will be filled with outdoor nature activities and adventures. Activities will include: visits to different outdoor parks an nature preserves; flora an fauna observation + identification; exploring different ecosystems, creating sand sculptures; swimming; nature journaling; watercolor painting; environmental stewardship; paddle boating; nature meditations; eco arts; fun and games; naturalist challenges; and much, much more! When children quiet down in nature, they can tap into their natural curiosity. At camp we will slow down and use all of the senses to experience the energies of the natural world. By practicing mindfulness, campers will learn to cultivate a sense of peace, awe and wonder.

Get your tickets @ TheNatureBus.com > Calendar



Disaster + Travel + Wilderness First Aid & WFR Recert for current SOLO grads

Where + When 2022-23

Learn online anytime!

- self-paced, at your leisure, when you want
- ·easy ability to pause, rewind, replay
- Top reviews! Highly engaging. Not at all a typical boring online course.
- •Full Transparency: <u>all feedback surveys</u> •More Info & To Register:
- See "<u>Online</u>" and "<u>Blended</u>" learning options

In-person classes

- Perfect <u>safety record</u> first 2+ pandemic yrs
- For IL, IN, KY, & OH classes, contact us.

Charlottesville, VAOct 22-23, 2022 Washington, DC areaNov 5 - 6 Norfolk, VANov 19-20 Washington, DC areaJan 7 - 8, 2023 Charlottesville, VAJan 21-22 Triangle area south, NCJan 21-22 Baltimore area, MDJan 28-29 Farmville, VAFeb 4 - 5 Harrisonburg/Staunton area, VAFeb 4 - 5 Harrisonburg/Staunton area, VAFeb 4 - 5 Lexington, VAFeb 25-26 Richmond, VAFeb 25-26 Jacksonville area, FLMar 4 - 5 Washington, DC areaMar 4 - 5 Washington / Carolina Beach, NC Mar 18-19 Blacksburg, VAMar 25-26 Charleston area, SCMar 25-26 Triad + Triangle areas, NCMar 25-26 Sitka, ALASKAApr 2 - 4 Baltimore area, MDApr 15-16 Charlottesville, VAApr 15-16 Charlottesville, VAApr 29-30 Women-only Retreat in VAApr 29-30 Philadelphia area, PAMay 20-21 Triangle area, NCMay 20-21 May 20-21 Triangle area, NCJun 3 - 4 Charlottesville area, VAJun 10-11 Norfolk, VAJun 24-25 <u>Advanced WFA</u> pt. II Williamsport WYJun 24-25 <u>W.F.Responder</u> (9 days) in WYmid/late Aug. <u>Mtn-Top Retreat</u> near B'burg, VASep 2 - 4		
Norfolk, VA		
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Spaces limited. Register at: WWW.SOLOWFA.COM GIFT CARDS available (434) 326-4697

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• for In-Person classes see details below.

- · For adults & teens with solid attention spans.
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- 2 days; 8 or 8:30am 6:30 or 7pm each day.
- 5 bonus hours beyond the typical 16-hour class (compare here):
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- Approved by: ACA, BSA, GS-USA, BCUNA and more.
- COVID + Monkeypox serious, strict <u>Class Safety Protocols</u>.
- Fee: \$245; local nonprofits receive 10% of course proceeds.

Topics Include:

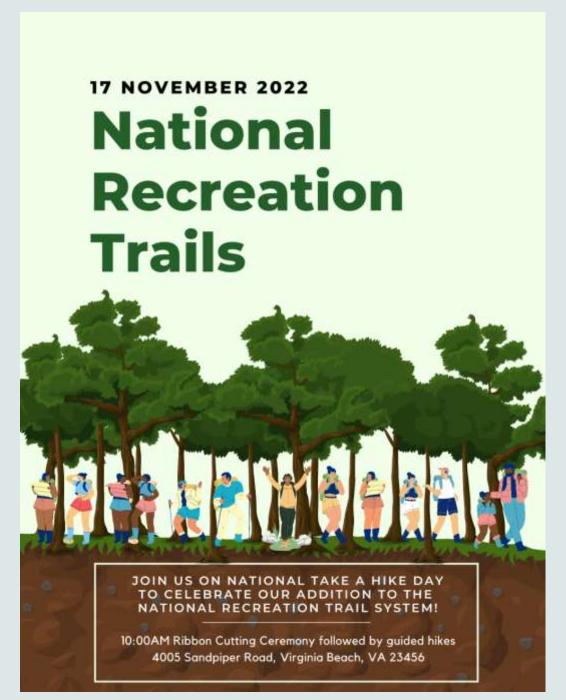
- Patient Assessment System: uncover hidden and underlying issues
- Medical Emergencies: Save Life
- Environmental Emergencies: Save Life
- Skin Injuries: Stop Bleed, Speed Healing, Prevent/Treat Infection
- Musculoskeletal & Spinal Injuries: Reduce Pain, Speed Healing
- Evacuation & Care-giving for Hours to Days before hospital arrival

National Recreation Trail Ceremony

Reese Lukei, Jr

Seven of the trails at Back Bay National Wildlife Refuge were designated as National Recreation Trails on June 4, 2022, National Trails Day.

There will be a ribbon cutting ceremony on November 17, 2022 at the Refuge to formally recognize the NRT designation. Members of TATC are invited to the ceremony. There will be guided hikes following the ribbon cutting (see the schedule for November 17, 2022 event on page 23 for more information).



PLEASE NOTE: Most hikes are limited in the number of participants. The hike leader will take reservations on a firstcome, first-served basis. You can include your name on the sign up sheets available at each meeting or call the hike leader. If you sign up for an activity and then decide not to participate, please contact the leader in advance.

TATC 50th Anniversary Celebration Event - October 2, 2022

When: Sunday, October 2, 2022

Where: 333 Waterside Dr, Norfolk, VA 23510

<u>Description</u>: TATC's 50th Anniversary Celebration Event Sunday, October. 2nd, 2022, 4:30-8:30 pm The Harbor Club 333 Waterside Dr, Norfolk 2nd Fl., Waterside District, overlooking Elizabeth River harbor Tidewater Appalachian Trail Club members and guests are cordially invited to attend this very special anniversary at a spectacular venue overlooking Norfolk's captivating Elizabeth River harbor. Join us at Waterside's 2nd floor Harbor Club, 333 Waterside Dr., Norfolk, VA, Suite 200, on October 2, 2022, from 4:30 pm to 8:30 pm, for an entertaining evening of good food, music, and celebration of TATC's 50 years of "Getting Stuff Done." <u>https://tidewateratc.com/event-4855585</u>

Epic Blackwater Paddle

When: Tuesday, October 4, 2022

Where: 530 S Main St, Franklin, VA 23851, USA (map)

<u>Questions/Information Contact</u>: Bill Billings 757-535-7490 or Bruce Julian 757-604-3099 <u>Description</u>: Epic Blackwater River Paddle October 4, 2022. This is a pleasant seven hour paddle down the quiet Blackwater River through peaceful old forests in the Interior. We will paddle at a leisurely pace and canoes are welcome. Last time we did this 13.8 mile trip we paddled about 2.5 mph. Unlike the upper Blackwater, this stretch from Franklin is open and clear of obstacles. I expect very little current this time of year but rain could give us some. See the massive paper mill operation, a sunken barge, an eagles nest, bear claw marks on the bank, an egret or great blue, lots of wilderness, and the joining of three rivers! The trip should take about 7 hours on the water. This includes lunch and stops along the way. Meet 7:45 AM, Shuttle 8:15 AM, Paddle 9:15 AM

TATC Board Meeting

<u>When</u>: Wednesday, October 5, 2022, 7:00pm-9:00pm <u>Where</u>: The Episcopal Church of the Advent9629 Norfolk Ave, Norfolk, VA 23503 <u>Contact</u>: Lee Lohman <u>president@tidewateratc.com</u> <u>Description</u>: TATC Board Meeting. Guests are always welcome!

First Landing State Park Maintenance

When: Friday, October 7, 2022 9am - 12pm

Where: First Landing State Park

<u>Contact</u>: Paul Heymann at <u>vopch56@gmail.com</u> to sign up. The limit is six people, so sign up early! <u>Description</u>: First Landing State Park Maintenance. Meet at the Picnic Area, Conservation Court, Virginia Beach, VA 23451. Work to be done: We will perform trail maintenance on the Live Oak and Cypress Swamp Trails. Bring: Water, work gloves, loppers, hedge trimmer, trash bag

(Continued on next page ...)

PLEASE NOTE: Most hikes are limited in the number of participants. The hike leader will take reservations on a firstcome, first-served basis. You can include your name on the sign up sheets available at each meeting or call the hike leader. If you sign up for an activity and then decide not to participate, please contact the leader in advance.

Open Weekend at the Cabin

When: Friday-Monday, October 7-10, 2022

Where: White Rock Falls Trailhead, Blue Ridge Pkwy, (map)

Contact: Tom Meree @ etmeree@cox.net if interested.

<u>Description</u>: There will be an Open Weekend at the Cabin over Columbus Day (Friday October 7th to Monday October 10th). Local hikes are planned with groups according to who shows up and the desired distance & elevation & pace. And camaraderie with others. This should be right about peak foliage time so it will be beautiful. It's not required to stay all days. And bunks will be by first reservations.

TATC General Membership Meeting

When: Wednesday, October 12, 2022 7:00pm - 9:00pm

<u>Where</u>: The meeting location has been moved to the Episcopal Church of the Advent.

Here is the map link: <u>https://www.google.com/maps/place/9629+Norfolk+Ave,+Norfolk,+VA+23503/</u> @36.9495041,-76.2499649,17z/data=!3m1!4b1!4m5!3m4!

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Please use on-street parking Episcopal Church of the Advent Map:

<u>Contact</u>: Lee Lohman at <u>president@tidewateratc.com</u> for more details.

Description: TATC General Membership.

<u>Program:</u> Part 2 of presentation by Kevin Du Bose describing his hiking trip to Switzerland, Italy, and France. The hike is called the Tour du Mont Blanc.

Fort Monroe Walk/Hike - Hampton VA

<u>When</u>: Saturday, October 15, 2022 9am – 1pm

Where: Patch Road & Pullman Road, Hampton, VA 23651

<u>Contact</u>: Please email Andy Grayson at <u>hikemaster@tidewateratc.com</u> if you are planning to attend. <u>Description</u>: Fort Monroe Walk/Hike, October 15th, 2022, Time: 9 am to noonish (for the walk/hike) We'll meet in the parking lot Northeast of Oozlefinch Brewing (near Patch and Pullman roads) at 9 am, with a planned start at 9:15. This will be an approximately 4 mile mostly flat walk through the fort and then along the bulkhead from the Chamberlin up to the Paradise Beach Club and then back to our starting point. We'll be making brief stops at many of the historical locations that are part of the Fort Monroe tour as well as a planned stop about 1/4 of the way along our walk at Firehouse Coffee for caffeine/soda/ice cream, etc. for those that might want a refreshment. The weather in mid-October can be unpredictable, so dress accordingly and consider sunscreen. This is a family and dog friendly event.

For those that are interested, we can check out the offerings at Oozlefinch (and associated food trucks, currently Flame and Pie & Nosh are scheduled to be their) after the walk. Seating at Oozlefinch is limited, you may want to bring a folding/soccer chair.

PLEASE NOTE: Most hikes are limited in the number of participants. The hike leader will take reservations on a firstcome, first-served basis. You can include your name on the sign up sheets available at each meeting or call the hike leader. If you sign up for an activity and then decide not to participate, please contact the leader in advance.

TATC Pub Night (aka Happy Hiker Hour) – The Garage Brewery

When: Tuesday, October 18, 2022, 7:00pm - 8:30pm

Where: The Garage Brewery, 1011 Eden Way N Suite M, Chesapeake, VA, 23320

Website: https://www.garage-brewery.com/

<u>Description</u>: Join TATC Members on Tuesday, October 18th at 7:00 pm; TATC will hold a pub night get-together at the 'The Garage Brewery' located at 1011 Eden Way N Suite M, Chesapeake, VA, 23320. No sign-up is necessary; just show up. A Food Truck should be available. Parking is plentiful in and around the shopping mall area.

Crosscut A/B Sawyer Certification Course

When: Wednesday - Friday, October 19-21, 2022, Wednesday 8am to Friday 5pm

Crosscut C Sawyer & Evaluator Certification Course

When - Monday - Friday, October 17-22, 2022, Monday 8am to Friday 5pm

<u>Where</u> - Mount Rogers NRA Volunteer Trail Camp (Konnarock) in Sugar Grove, Virginia. The address for the Work Center is 655 Flat Ridge Rd, Sugar Grove, VA 24375, the entrance to the volunteer camp is west of the address.

<u>Description</u>: The U.S. Forest Service, the Appalachian Trail Conservancy (ATC), and the Southern Appalachian Wilderness Stewards (SAWS) is hosting a weekday crosscut A/B and a Crosscut C certification course October 17-21, 2022.

How to attend - Students for both courses may apply by filling out the form via the link below. Crosscut C sawyer applicants must apply and provide a letter of recommendation from their supervisor, local land management office decision maker, or club official or ATC representative. In addition to completing the linked form, please also send an email to Britt and John at the emails below letting them know you are planning to attend.

trailsupervisor@tidewateratc.com assistantts@tidewateratc.com

Crosscut A/B course: Students are expected to attend classroom and field portions of the A/B course starting at 8 am on Wednesday, October 19th. All participants must be able to provide proof of current First Aid and CPR certifications. Please register below.

Expect courses to begin at 8 am and end by 5 pm daily. <u>https://wildernessskillsinstitute.org/crosscut2022/</u>

(Continued on next page ...)

PLEASE NOTE: Most hikes are limited in the number of participants. The hike leader will take reservations on a firstcome, first-served basis. You can include your name on the sign up sheets available at each meeting or call the hike leader. If you sign up for an activity and then decide not to participate, please contact the leader in advance.

CBES 29th Between the Waters Bike Tour

When: Saturday, October 22, 2022, 7am - 7pm

<u>Description</u>: CBES 29th Between the Waters Bike Tour - Saturday, October 22, 2022 Mal Higgins will be leading a TATC group at this event . New registrations for this event have been closed. TATC participants will meet at the Virginia Beach side parking lot of the Chesapeake Bay bridge tunnel. Sometimes we can combine bikes on racks and save tunnel fare. Five people have signed up for this event: Jim Newman, Sandra Canepa , Jim Sexton, Bruce Davidson, and Mal Higgins. All of the signups are for the 40-mile trip option. We ride a leisurely pace. CBES 29th Between the Waters Bike Tour http://events.r20.constantcontact.com/register/event?oeidk=a07ej37sc7gfe541099&llr=min7t4cab

Back Bay National Wildlife Reserve Hike

When: Saturday, October 22, 7:00am – 9:30am

Where: 4005 Sandpiper Rd, Virginia Beach, VA 23456

Max number of participants - 25

Location - Flagpole by the Visitor Center (4005 Sandpiper Road)

Post-hike Food Option - Margie and Rays Crabshack (1240 Sandbridge Road)

Contact John Reed at n.john.reed2@gmail.com to sign up for this activity.

<u>Description</u> - Bring water and bugjuice. We'll be going through the impoundments 3.25 miles to the False Cape State Park visitor center (only water point unless you're filtering marsh water) before about facing and returning to our vehicles. Option to return from FCSP to parking lot via beach without me (3 miles). \$5 per vehicle entry fee unless you have a Federal pass.

FCSP Bike Hike

<u>When</u>: Saturday, October 29, 2022, 8:45am – 2:00pm <u>Where</u>: 304 Sea Scape Road, Virginia Beach, 23456 (map)

To participate: contact Bill at <u>bbunch@att.net</u>.

<u>Description</u>: Bike hike into Back Bay National Wildlife Refuge and False Cape State Park. Please meet at 304 Sea Scape Road, Virginia Beach, 23456 (the south end of Sandbridge) by 8:45 AM for a 9:00 AM departure. On street parking should be available on Sea Scape Road. If necessary, additional parking is available at Little Island Park less than a mile South. We will ride approximately 3 miles on Sandpiper Road to Back Bay Wildlife Refuge Visitor Center picking up any participants parking at Little Island Park on the way. At the visitor center, we will park bikes and visit the boardwalks and trails at BBWR. After enjoying the trails at the refuge, we will gather and ride an additional 3.5 miles to False Cape State Park Visitor Center on one of the refuge's dike trails. At the visitor center, there are bathrooms, picnic tables and a chance to refill water bottles.

(Continued on next page ...)

PLEASE NOTE: Most hikes are limited in the number of participants. The hike leader will take reservations on a firstcome, first-served basis. You can include your name on the sign up sheets available at each meeting or call the hike leader. If you sign up for an activity and then decide not to participate, please contact the leader in advance.

(Continued from previous page ...)

After a break at the visitor center, we will ride further into the state park and explore more of FCSP before returning to Sandbridge through BBWR. This plan may be adjusted if we run longer than expected at any of our stops. Total mileage for the hike is approximately 20 miles round trip. This hike is limited to 15 participants. The road surfaces range from paved roads with traffic on Sandpiper Road and the refuge. access road to crush and run surfaces with loose gravel and uneven surfaces on the BBWR dike roads and within the state park. Bicycles with hybrid tires or wider tires are recommended. Please become familiar with Tuesday Group's bike safety download before signing up for this hike. Here is the link to this download:

<u>https://sites.google.com/site/tatctuesdaygroup/home/biking/safety-cycling-tips?authuser=0</u> This hike will be cancelled if any extreme wet or windy conditions are expected. The hike will also be canceled if the refuge is closed for any reason. Bring sunscreen, helmet, water, snacks, lunch and bike lock if desired.

TATC Board Meeting

<u>When</u>: Wednesday, November 2, 2022, 7:00pm-9:00pm <u>Where</u>: The Episcopal Church of the Advent, 9629 Norfolk Ave, Norfolk, VA 23503 <u>Contact</u>: Lee Lohman <u>president@tidewateratc.com</u> <u>Description</u>: TATC Board Meeting. Guests are always welcome!

TATC Cabin Work Trip

When: Friday - Sunday, November 4 - 6, 2022

Where: White Rock Falls Trailhead, Blue Ridge Pkwy, Vesuvius, VA 24483

Contact: Call Bob to sign up at 757- 627-5514 or to ask questions, etc.

<u>Description</u>: Bob Adkisson is leading a work trip to the Putman Cabin in Nelson County, Va., just a half mile walk from the Blue Ridge Parkway (White Rock Fall Trailhead). This trip is for all, but especially for new club members - it is an opportunity for members to see and visit the cabin, put in some time there doing a bit of maintenance work, learn how to care for and operate it, and to qualify themselves to then rent it on their own in the future.

We will concentrate on cutting, stacking, and moving firewood in the vicinity of the cabin. Bring work gloves and boots, and camping gear, especially sleeping pads for the hard wooden bunks. The cabin is well supplied with cooking and eating utensils and such, and there is a propane and wood burning cook stove to cook on. There may be a community meal Saturday night; all other meals the members are on their own. The spring should still be running then (it has been a dry Autumn). There is a world class outhouse. The cabin has bunk space for 12 people, but some of the bunks are double sized, for couples. People are welcome to tent out nearby if they want, or if it is needed. Trip is limited to 12 people total - there will be a wait list.

If you are not familiar with how to get to the cabin, please discuss with Bob to make sure you are clear on how to find the trail.

PLEASE NOTE: Most hikes are limited in the number of participants. The hike leader will take reservations on a firstcome, first-served basis. You can include your name on the sign up sheets available at each meeting or call the hike leader. If you sign up for an activity and then decide not to participate, please contact the leader in advance.

Tidewater Appalachian Trail Club Tree Planting Event

When: Saturday, November 5, 2022, 9:00AM-3:00PM

Where: Olde Mill Run Park, 3336 Eight Star Way, Chesapeake, VA 23323, USA (map)

<u>Contact</u>: To participate, email Jim Newman at <u>jimnewman55@gmail.com</u> Various media postings (such as MeetUp rsvp's) will not be monitored.

<u>Description</u>: The address belongs to a large undeveloped 4.5-acre lot within a housing development that has been set aside for a future forested park. Kevin Kaul, City of Chesapeake Urban Forester, will direct the work. Trees will be provided in 15-gallon buckets; holes will be pre-dug.

This will be phase two of TATC's 50th Anniversary commitment to plant 500 trees. To date our count is 64 in the ground with 436 to go! Join us in support of getting an additional 70 trees plant-

ed. Personal work clothing including gloves are required; tools will be provided.

TATC General Membership Meeting

When: Wednesday, November 9, 2022, 7:00pm - 8:30pm

Where: Episcopal Church of the Advent

Contact: Lee Lohman at president@tidewateratc.com

Description: TATC General Membership Meeting

The meeting: location has been moved to Episcopal Church of the Advent.

Here is the map link: <u>https://www.google.com/maps/place/9629+Norfolk+Ave,+Norfolk,+VA+23503/</u>

@36.9495041,-76.2499649,17z/data=!3m1!4b1!4m5!3m4!

1s0x89ba90ed2bb6c48f:0x50634ecf5bf8023c!8m2!3d36.9495041!4d-76.2477762?

<u>hl=en&authuser=4</u>

Please use on-street parking Program: TBD

<u>Flograni</u>. TDD

US National Parks - Free Entrance Day

<u>When</u>: Friday, November 11, 2022 <u>Description</u>: US National Parks - Free Entrance Day - November 11; Veterans Day Free Entrance Days in the National Parks (U.S. National Park Service) (<u>nps.gov</u>)

Back Bay - National Recreation Trail Ribbon Cutting

When: Thursday, November 17, 2022, 10am - 11am

<u>Where</u>: Back Bay National Wildlife Refuge, 4005 Sandpiper Rd, Virginia Beach, VA 23456 <u>Description</u>: Recently many of the trails at Back Bay National Wildlife Refuge have been designated by the Secretary of the Interior as part of the National Recreation Trail System! Back Bay is excitedly moving forward with the ribbon cutting ceremony and find it quite fitting to host the event on National "Take a Hike" Day - November 17, 2022. Details on the time and specific location will be provided as the event details mature. The ribbon cutting ceremony will be followed by guided hikes on the refuge. RSVP to <u>Megan_Reed@fws.gov</u> by 10-15-22 if interested in attending.

PLEASE NOTE: Most hikes are limited in the number of participants. The hike leader will take reservations on a firstcome, first-served basis. You can include your name on the sign up sheets available at each meeting or call the hike leader. If you sign up for an activity and then decide not to participate, please contact the leader in advance.

Windsor Castle Hike - Smithfield

When: Saturday, December 3, 2022, 9am - 1pm

Where: Windsor Castle Park, 705 Cedar St, Smithfield, VA 23430

Contact: Jim Sexton at itsexton@gmail.com

<u>Description</u>: Approximate 2-hour walk on 3.4 mi loop trail, mostly flat with 147 feet elevation gain We will park off of South Church St., across from Smithfield Station at the Station Bridge Parking Lot (marked 'O' on the map)

Park Map: https://www.windsorcastlepark.com/park-map.html

We will hike via the following waypoints shown on the park map: O-23-22-21-20-19-18-17 16 -14-13-12 -11- 10-9-8-6-5-4-3-25-24-23-O. with stops at side overlooks.

We will eat out at The Restaurant at Smithfield Station following the hike <u>https://smithfieldstation.com/</u><u>dining/</u>

Everyone is welcome. Com'on out!

Information for Hike & Activities Schedule, TATC website schedule listings and Meetup postings are collected & edited by the Hikemaster. Contact Andy Grayson at <u>hikemaster@tidewateratc.com</u> for publication.

TATC Officers & Board

Position	Name	Email Address
President	Lee Lohman	president@tidewateratc.com
Vice President	Andy Grayson	vicepres@tidewateratc.com
Treasurer	Cecil Salyer	treasurer@tidewateratc.com
Secretary	Steve Clayton	secretary@tidewateratc.com
Trail Supervisor	Brittany Collins	trailsupervisor@tidewateratc.com
Assistant Trail Supervisor	John Sima	assistantts@tidewateratc.com
Counselor	Bruce Davidson	counselor@tidewateratc.com
Counselor	Bill Bunch	counselor@tidewateratc.com
Counselor	Kari Pincus	counselor@tidewateratc.com
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Alt ATC RPC Representative	Jim Sexton	rpcrep@tidewateratc.com
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Cabin Committee	Gregory Hodges	cabin@tidewateratc.com
Calendar	Tony Phelps	calendar@tidewateratc.com
Education	Vacant - TBA	education@tidewateratc.com
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Historical	Jim Sexton	historical@tidewateratc.com
Land Management	Nalin Ratnayake	landmgt@tidewateratc.com
Local Trails	Dave Plum	localtrails@tidewateratc.com
Membership	Kama Mitchell	membership@tidewateratc.com
Membership	Sharon Salyer	membership@tidewateratc.com
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Tool Boss	Vacant - TBA	toolboss@tidewateratc.com
Webmaster	Jim Sexton	webmaster@tidewateratc.com

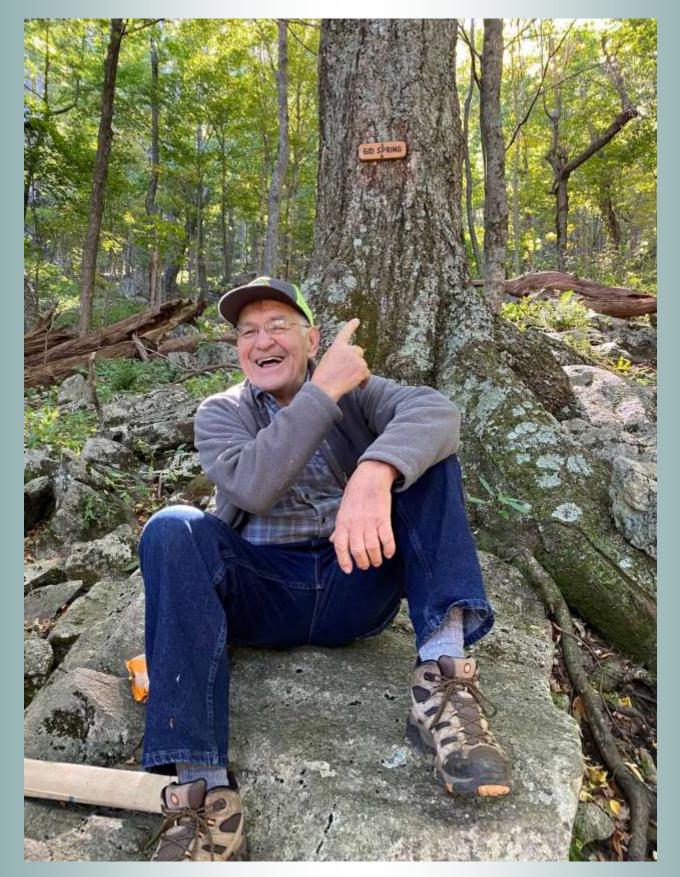




















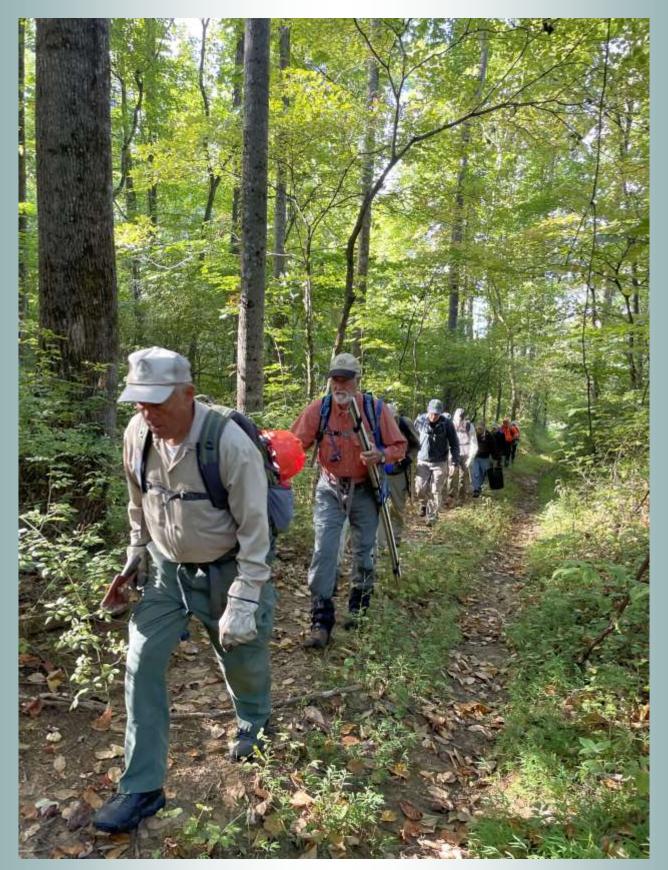


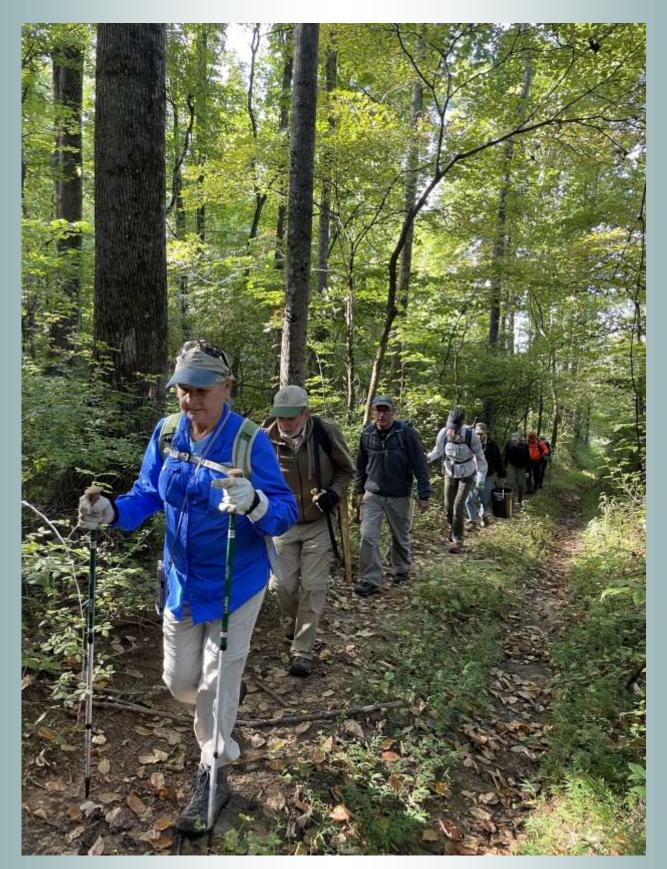
















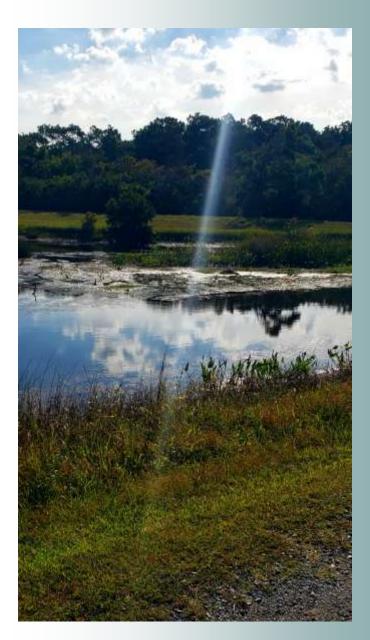
























LopperFest - Part 3 September 27, 2022



LopperFest - Part 3 September 27, 2022



Bob Weaver

LopperFest - Part 3 September 27, 2022











